

**HUMANIANITY**  
**THE RELIGION FOR HUMANITY**

**FOR EVERYONE (The Most Important Religious Movement)**



**BY**  
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**Notes to reader:**

To obtain most quickly the **current, updated, best overview and explanation of Humanianity**, it is recommended that you read the chapter “**HUMANIANITY 2020**,” inserted 11/07/2020.

The titles of the last five (or more) chapters are tentative, and are to be written by others who are thoroughly familiar with the current book and the previously written "textbook," *Rational-Ethical Living and the Emergence of 'Homo Rationalis': FOR EVERYONE (The Most Important Book)*, downloadable free along with the current book at the PHILOSOPHY section of [humanianity.com](http://humanianity.com), and who identify themselves as Humanian as defined in this book. The date of the book will be updated as new chapters and revisions are added. You can participate in the writing of this book by contacting me with your ideas through the Charlotte Philosophy Discussion Group at Meetup.com, for which I am the Organizer. You do not have to attend meetings or reside in the Charlotte, NC area in order to participate on the message board or to contact me.

Bill Van Fleet

## EDITING EXPLANATION

This exact, same chapter has been added, as of 09/17/2020, to all three books (*Rational-Ethical Living and the Emergence of 'Homo Rationalis'...*, *The Mind-Body Problem and Free Will Vs. Determinism...*, and *Humanianity, The Religion for Humanity...*). It is to help the reader understand the evolution and nature of the books

The completion of the writing of these books, in almost their entirety, occurred many years ago (2006, 2012, and 2013), but as time has gone on, there have been (usually very minor) modifications due to found imperfections, as well as an occasional new chapter. In order to enable the reader's more complete perspective and confidence, any such changes are being shown as such, with two exceptions. The two exceptions are being made to avoid making reading unnecessarily complicated and cumbersome.

The first exception has to do with the titles of the books. All three titles have been changed to make them more identifiable and findable (e.g., in searches), because originally they all began the same. These changes have been as follows:

### Book1

*FOR EVERYONE: Rational-Ethical Living and the Emergence of 'Homo Rationalis' (The Most Important Book)*

has been changed to:

*Rational-Ethical Living and the Emergence of 'Homo Rationalis': FOR EVERYONE (The Most Important Book)*

### Book2

*FOR EVERYONE: The Mind-Body Problem and Free Will vs. Determinism (The Most Important Philosophical Problem)*

has been changed to:

*The Mind-Body Problem and Free Will vs. Determinism: FOR EVERYONE (The Most Important Philosophical Problem)*

### Book3

*FOR EVERYONE: Humanianity, the Religion for Humanity (The Most Important Religion)*

has been changed to:

*Humanianity, the Religion for Humanity: FOR EVERYONE (The Most Important Religious Movement)*

Note also that in the third book (*Humanianity, The Religion for Humanity...*), "Religion" was replaced with "Religious Movement" in the subtitle. Although originally Humanianity was referred to as "a new religion," it became apparent that it is very important to recognize that the term, "Humanianity," is referring to a **movement within** Religion, and our species in general, rather than simply a new religion to compete with, and try to replace, other religions. This is made clear in the text of the book.

The second exception has to do with reference to the location of the books on a website. The original website was **homorationalis.com**. However, with the passage of time, this website became subsumed as a component of a much larger website, **humanianity.com**, it becoming the PHILOSOPHY section. Instead of making many editorial notes, one each time

homorationalis.com was mentioned, homorationalis.com has simply been replaced with “the PHILOSOPHY section of humanianity.com,” or equivalent language.

With regard to editorial notes, all of them have the same format, namely [Edit (date): Comment.], e.g., [Edit 09/16/2020: Some explanation or clarification of something.].

Imperfections of spelling and punctuation, not involving any change of concept, have been corrected without any indication of such change.

It is quite possible that an occasional new chapter will be added to one of these books, especially the third (*Humanianity, The Religion for Humanity...*), and at the beginning of such a chapter there will be an orienting clarification that it is a later, added chapter.

Hopefully, this basic understanding of the evolution of these three books will aid the reader in evaluating the concepts being offered and will give some picture of the evolution of these concepts over time.

I wish to take this opportunity to acknowledge a heretofore unacknowledged significant individual, Terry Walsworth, an IT specialist with a strong interest in the Humanianity project. He started me off many years ago on learning coding, and just recently gave me new inspiration to working on these books and their presence on the website. He has also suggested publishing them, and I currently predict that I will indeed make that effort after making sure that the books are ready for that (this chapter being one such task). Without his recent effort, I am not sure I would have proceeded.

## ACKNOWLEDGEMENTS

In addition to all those who have contributed to making my life possible and to helping me to think about the issues in this book, I wish to give special thanks to Scott Hofert, a pastor at Watershed, located in Charlotte, NC, who taught me so much about religious living and helped me to understand how better to promote the inclusiveness and generosity that is inherent in this effort.

Bill Van Fleet

**INTRODUCTION: HUMANIANITY**

WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, “THE GOOD LIFE” MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (**JCA**) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (**PSDED**) AS POSSIBLE.

**(REUEP)**

## EXPLANATION OF INTRODUCTION

This book consists of my opinions about a **new religion** that is available to **everyone**, a religion that I am **advocating** for everyone, and that I believe everyone can **accept**.

[Edit (1/30/2016): Note that the above wording is somewhat misleading. Humanianity is a “movement” within Religion in general, and within our species in general. Thus, it is not a religion to replace other religions, but a personal religious orientation that any person can have, whether he or she identifies with a specific religious tradition or not. Thus, any religious organization can become increasingly Humanian, just as can any individual, and any individual can consider himself or herself Humanian, no matter what his or her specific religious membership or identification might be, if any.]

In one sense, the religion is not new, in that we have begun to practice it to an increasing extent.

In another sense, it is indeed new, in that it has not been recognized as an official religion, it currently has no organization, and it has not even had a name.

I am giving it a name: “**Humanianity**.” One who practices it I am naming a “**Humanian**.” I will comment later on these names.

The pronunciation of “Humanianity” is “hu MAN ee AN i tee.” The pronunciation of “Humanian” is “hu MAN ee an.”

The **definition** of this religion is “**the intention and advocacy to live completely by the REUEP.**”

The REUEP, given in the Introduction, is an **ultimate ethical principle**. There is no mandate to live by it. Living by it is not obeying someone. There is no reason to live by it. There is nothing logically above it. There is no proof that it is right, or good, or necessary. It is arbitrary. That is why it is “ultimate.” **You just decide to live by it (or don’t).**

But if you live by it (as your ultimate ethical principle), your life, and the lives of others around you, will be very, very different. That is what this book is about.

“**REUEP**” stands for “**rational-ethical ultimate ethical principle.**” “**Rational-ethical**” has a special meaning, spelled out and elaborated upon in the **free “textbook”** available to everyone on the Internet at **the PHILOSOPHY section of humanianity.com**. The name of the book is:

*Rational-Ethical Living and the Emergence of ‘Homo Rationalis’: FOR EVERYONE (The Most Important Book).*

That book does not mention Humanianity but it will be helpful in understanding Humanianity within a broader context. It also will be helpful in understanding certain basic details about Humanian living.

In that book, “**rational**” means “consistent with the **rules of logic** and the **rules of evidence**,” the tools which are especially relied upon in the scientific methods.

In that book, “**ethical**” means “pertaining to beliefs about what we **should** do.”

In that book, “**Homo rationalis**” is the metaphoric name used to label our species at some time in its future when we will have, for the first time, begun to live in a drastically better manner than we ever have so far, no longer causing ourselves so much pain, suffering, disability, and early death (PSDED).

In that book, the **thesis** is that we have already begun to change in that direction, but that the change is so early in its development that it is difficult (though not impossible) to see. (In other words, our species is just a toddler.)

In that book, the **thesis** is that we will indeed at that time live, globally, by the REUEP—not that everyone will be equally successful, but that the global culture will agree upon the REUEP as the ultimate ethical principle, and will therefore have a much better life than we do now.

[Edit 09/03/2020: Since this book was first completed (01/23/2013), the name for the ultimate ethical principle of Humanianity has been changed from the Rational-Ethical Ultimate Ethical Principle (REUEP) to the Humanian Ultimate Ethical Principle (HUEP), because it became apparent that there could also be other ultimate ethical principles that could be adhered to rationally.]

Beyond your intention to live by the REUEP, there is **no further requirement** for being a Humanian. There is no required creed or belief about anything concerning the world or existence.

Yet there is much to be figured out, much to be decided upon, and much to start doing. And this book is an effort to promote that process.

This book consists of **my opinions**, which may be correct or not. None of these opinions are beliefs required by Humanianity.

However, my opinion is that these opinions of mine follow from a combination of the REUEP and what all of us can agree upon about the nature of the world, and therefore my prediction is that you are likely to agree with at least most of these opinions.

We’ll see.



## REUEP: A CLOSER LOOK

Here it is again, the rational-ethical ultimate ethical principle (my definition, for the purposes of this book), which, if you accept it as our ultimate ethical principle, makes you a Humanian:

WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, “THE GOOD LIFE” MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE.

Our behavior consists to a great extent of that which comes **naturally**. It is our own human version of that which is produced by our **basic animal nature**. To a great extent, we do as chimps do, eating, drinking, playing, making love, exploring, fighting, struggling for dominance, rearing offspring, etc. And these behavioral tendencies have arisen through the process of **natural selection**, meaning that these behaviors have tended to promote the **survival of our species**.

However, natural selection has nothing to do with **quality of life**. Pain and suffering promote the survival of a species, just the same as pleasure, so behavior that causes PSDED may easily occur naturally, and frequently does. Chimps cause each other to suffer at times, just as we do. And I believe it is possible that we may do it more than they, for certain reasons. But whether or not that is so, we certainly frequently wish that we had done other than what we did, or that others had done other than what they did, because of the resulting PSDED, either our own or that of others.

But we have **two special capabilities** that no other species on this planet have.

- (1) We can use **language** (symbols and rules of syntax) in extremely complex ways (as I am doing now).
- (2) We can use the **rules of logic** and the **rules of evidence**, most carefully and successfully done in the scientific fields, to construct **extremely accurate models** of the way the world really is, and thus to **stop making mistakes** and **stop fooling ourselves**.

Because of the above two capabilities, we can achieve a high level of **cooperation** and we can **predict the outcomes** of our behavior much more than can any other species. So, we can cooperate to change our behavior into that which **maximizes JCA** and **minimizes PSDED**. We can at long last rise above our basic animal nature and work toward attaining **the good life for everyone, now and in the future**.

Except that we don't yet do a very good job of it. We are talking, hi-tech chimps, often doing what comes naturally no matter how awful the consequences.

We can decide whether or not to eat saturated and trans fat, smoke, exercise, lie, steal, be unfaithful, save money, adhere to the terms of a contract, refrain from being hostile, ration our gasoline, carpool, invest, use diplomacy.... No chimp can make such decisions.

And in fact much of the time we do what is consistent with the REUEP. But much of the time is not enough. The amount of PSDED that we bring upon ourselves and each other is still

enormous and tragic. Most of our PSDED is **human-induced**, the result of things we didn't have to do. And unfortunately, most people believe that such behavior is more or less inevitable. That's just the way we are, they say. But I say **we can do better—MUCH better**.

So we are talking about using our special human talents to, at long last, **promote the good life for everyone, now and in the future**.

And “**the good life**” is defined (by me, for the purposes of this book) as having multiple overlapping components.

**JCA:**

**Joy** – the good feeling that is a part of all good experience, such as food, sex, music, dancing, warmth, intimacy, good grades, admiration, sacrifice, cure.... But the joy must not be with accompanying PSDED, as in one's using cocaine, suicide bombing, torturing enemies....

**Contentment** – the satisfaction with the way things basically are, security, comfort, abundance, equality.... But not with PSDED, as in one's contentment with one's wealth while others starve.

**Appreciation** – joy over the way things are, what has happened, what has been done.... But not with PSDED, as in one's appreciation of skillfully performed crime.

**PSDED:**

**Pain** – a basic form of suffering.... But not always bad, often necessary, sometimes welcome.

**Suffering** – whatever reduces the quality of life. But not always bad, as in sacrifice for a good cause.

**Disability** – a relative concept, in that it is on the same continuum as ability.

**Early Death** – sometimes easily recognized as such, but also on a continuum with timely or acceptable death.

So there will be times when it will be **hard to tell** whether what is sought is consistent with the REUEP. There will be **uncertainty**. That is the nature of the world.

But are there not many, many examples of decisions that you would be able to say were **not consistent** with the REUEP? Can you imagine many crimes, misdemeanors, mistakes, bad lifestyles, deceptions, infidelities, acts of meanness, retaliations, etc., that would be justifiable by virtue of being **consistent** with the REUEP? Could not most such acts be shown to be **inconsistent** with the REUEP?

What would life be like for us if we eliminated **all** acts that seemed obviously **inconsistent** with the REUEP?

To be sure, not all problems would be solved if everyone lived by the REUEP. There would still be unintended (unpredicted) consequences. And there would be imperfections in our decision-making.

But would we even recognize ourselves? Would we seem like a different species?

In the free “textbook” at the **PHILOSOPHY** section of **humanianity.com**, the metaphoric term I use for us at that time is “**Homo rationalis**.” They will look back on us with great compassion for our suffering, but also with great appreciation for those of us that worked to make possible their way of life, namely, you and me, to the extent that we are Humanian.

To the extent that we make our own and each other’s lives better, we serve as models and promote the betterment of the lives of our progeny.

Is there an even better ultimate ethical principle? Possibly. I don’t know what it would be. But we are about 2% along the way of globally living by the REUEP. When we get to about 95%, then maybe it will make sense to work on developing an even better ultimate ethical principle. So let’s now get busy with this one.

## HUMANIANITY: NAME AND IDENTITY

I feel almost apologetic about this choice of name. The religion that I am describing and advocating is, I believe, **like no other religion**, in that it is rather thoroughly defined, is distinguishable from all other named religions, and yet is not automatically exclusive of any other religion, as I hope to clarify.

So I searched around for a name that would not cause it to be confused with other religions or philosophies, that would be consistent with the nature of the religion, and that would therefore be easily remembered and recognized.

I came across the problem that almost any word that might be appropriate has already been made use of by someone. I even found “**Humanianity**” to have been used occasionally, as well as “**Humanian**.” But it did seem to me that these words had not become recognized yet by the vast majority of people. So these are the words that I settled on. It should be noted that both are capitalized.

Obviously, there is a certain similarity between the words “Humanianity” and “Christianity.” I come from a Christian tradition, and perhaps if I had come from a different religious tradition, or spoke a different language, some other word would have come to mind. I do wish to state that I do not believe there is any special alliance between these two religions, and I do not see Humanianity as being a denomination within Christianity.

In fact, **I see Humanianity as having a specific kind of relationship to all of the religions.**

All of our religions have been our best efforts to help ourselves and each other to decide how to live life, what is important in life, what our basic values should be.

There are a few basic, observable facts about our religions so far.

Probably all of the religions have some aspects or components that indeed promote the good life. But probably all of the religions have some aspects or components that are less than optimal in this regard. In fact, many religions have been associated with large amounts of PSDDED. Therefore, we could probably say of all religions that, with regard to the REUEP, **improvement is possible.**

In fact, within each religion, I believe we probably could find some difference of opinion among its members with regard to the desirability of certain components of that religion. (When such difference of opinion has become prominent, there has been a tendency for the religion to split into two different religions.) So we could say that within a specific religion, there probably will be variations among the members of that religion with regard to belief about what is most important in that religion.

So we note that there is a tendency within the religions toward **change**. And when that change is contemplated, it is regarded by some as a **possible improvement**. And when that change is accomplished, it is regarded by some as an **improvement**. We can conclude that probably **any religion can improve.**

We can metaphorically imagine all of the religions around the base of a mountain, gradually moving up the mountain, the upward direction representing **improvement**. If by **improvement** we mean **more able to be consistent with the REUEP**, then we can consider the top of the mountain to be the maximal attainment of the REUEP, and we could imagine that as the individual religions are improving, they are becoming more like **Humanianity**, perhaps represented by the top of the mountain. In other words, **Humanianity includes the effort to make our religious traditions increasingly consistent with the REUEP**.

In this manner, we can look at all of the religions as being **religious traditions within Humanianity**. Humanianity does not manifest itself in those people who behave 100% consistently with the REUEP. Humanianity manifests itself in those people who are **striving** to do so. Therefore, an individual in one of the current religious traditions, a member of that religion, certainly can also be Humanian.

Therefore, you can maintain your membership within your own religion and still be Humanian. There is no need to leave your religion. In fact, helping your religion up the mountain from within would be much preferable to leaving it, unless your religion, in your way of looking at it, is hopelessly committed to that which predictably will cause PSDDED.

So you can be a Christian Humanian, a Buddhist Humanian, an Islamic Humanian, a Hindu Humanian, an agnostic Humanian, an atheistic Humanian, a humanistic Humanian, an existentialist Humanian, or an undecided Humanian. Or you can just be a Humanian.

I see no reason why you cannot be a Humanian Christian, a Humanian Buddhist....

Humanianity is a religion that **looks for the good everywhere and attempts to promote it**. That good which we already have can and should be **improved**, rather than destroyed and replaced.

Humanianity is not currently an organization. Hopefully, Humanianity will become an **association**, in that we accomplish the most by **working together**. Perhaps in the future it will also become organized. I do not see an absolute necessity for organization, though it could turn out that such an organization would be helpful in promoting the spread and development of Humanianity.

Humanianity will grow and develop in individuals like you and me, but perhaps in different ways because of our different educational backgrounds, interests, subcultures, capabilities, and religions.

And because of these differences, **Humanians will help each other to grow**.

But before jumping on the bandwagon, let's be sure that you understand the **enormous implications** for you of becoming a Humanian.

## BELIEF AND ACTION

You have probably heard it said, “I don’t care what you believe; it’s what you do that counts.” And you have probably heard it said, “It is not doing good that is important; it is having faith.” (Of course, those who say the latter will probably also say that if you have the proper faith or belief, you will probably most of the time do good. It’s just that believing the proper thing has value in itself that goes beyond the doing of good.)

Well I, as a Humanian, have a different opinion to offer. Now a person does not have to have the same opinion as mine in order to be a Humanian. He or she is only **committed to the REUEP**. So let us restate it:

WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, “THE GOOD LIFE” MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE.

So the only requirement of me by virtue of being a Humanian is that my opinion seem to me to be **consistent with the REUEP**.

Well, the REUEP states “We should **do**...” Do. That’s **behavior**, action, right? So what is important is what I **do**, right?

But I **believe** I should do that which will promote...(REUEP). It is my **belief** that I **should** do it that makes me **want** to do it.

But given that I **want** to do it, **how** do I do it? I have to **know how** to do it, right?

And what does **knowing** how to do something mean? Does it not mean having **accurate beliefs** about what will happen when I do things to try to bring about what I am trying to do? That means having **accurate beliefs** about the way the world works.

When I act, I do something to bring something about. I walk to get somewhere. I eat to get pleasure and become satiated. I work to make money. I turn left to get to work. I remain silent to refrain from disturbing. I speak up to get my idea considered. I dial the phone to talk to someone. I open the door to go outside. I go to bed to go to sleep. I get a good night’s sleep to feel good and function well the next day. I treat others well to be liked and to promote the good life for them.

Whatever I **do**, it is to **bring something about**. But what I **choose** to do is determined by what I **believe** will **happen** if I do it. And if what I believe will happen when I do something is what **actually** happens when I do it, or would happen if I did it, then my belief is probably, at least to that extent, **accurate**. My beliefs are probably accurate if, when I act according to them, what happens is what I expect would happen.

If I **do** something because I **believe** doing so will bring about what I **want** to bring about, and it **doesn’t**, then I have made a **mistake**, and my belief was probably **inaccurate**.

So to be maximally **successful**, I should try to have **beliefs** that are as **accurate** as possible.

If **success of action** is important, **accuracy of belief** is important.

**The more important success is, the more important accuracy of belief is.**

Okay, of course we will have to address the term, “accuracy.”

There are two kinds of accuracy, though deep down they are essentially the same.

First, there may be **only two possibilities**, yes or no, right or wrong, good or bad, heads or tails.... So if you believe one of the possibilities is true and you are correct, then your belief is accurate. Otherwise, it is inaccurate.

Second, there may be **more than two possibilities**, perhaps even an almost unlimited set of possibilities. In measuring the distance between two points, the answer can be to the nearest tenth of a unit, the nearest hundredth, the nearest thousandth, etc. There is, then, what is called a margin of error. So the distance may be thirty feet, plus or minus one inch, with any number of possibilities between those two limits.

How are these two kinds of accuracy the same? Whether the belief is accurate depends on whether all of the predictions you could make by having that belief would turn out to be correct. I believe the light is on in the next room, and I go see if it is. I believe the distance is thirty feet, and I measure this distance with my yardstick to see if it is.

Of course your belief may be accurate, but your prediction nevertheless be off because of other, inaccurate, beliefs contributing to the prediction, such as that your yardstick is accurate when it is not. The correctness of your prediction depends upon the accuracy of **all** of the relevant beliefs.

But now you can ask, how **certain** is it that the belief is accurate?

You may be close to 100% certain that you are right, or maybe only about 50% certain that you are right, or so uncertain you might as well just flip a coin to come up with an answer. So certainty is on a continuum.

If the belief is accurate, then predictions based upon the belief will most likely be correct—even though you may not be very certain.

So your belief, or prediction, may have been very accurate, but very uncertain. (“Amazingly, I was **right**.”) And, unfortunately, your belief may have been very inaccurate, but very certain. (“But I was so **sure**!”) Or maybe you were very certain and your belief indeed turned out to be accurate. (“I **knew** I was right!”) Or maybe you were uncertain, and indeed inaccurate. (“Well, I’m not surprised!”)

Isn’t there one thing we can be certain about, namely, that we can’t really be absolutely certain about anything? (Yes, I know.) After all, we could be dreaming. (In my teens, I once concluded from something that seemed awfully odd that I must be dreaming despite my being able to find no other evidence of being asleep, and it turned out I was right when I woke myself up.)

To be thorough, we might mention that belief can vary regarding precision. “It is roughly 30 feet.” “It is 30 feet plus or minus about one inch.” “There were about 100 people at the party.” “His exact words were....” “We are headed for a recession, but not a depression.”

If you are following me, then it should be fairly clear that sometimes the more **precise** the belief is, the less **certain** we may be that it is **accurate**.

But what is the bottom line? It is that we are always playing the odds. We are always taking a chance. We could be wrong.

And yet, if we don’t want to make **mistakes**, we need to be **right**, that is, **as right as we can be**. We need to know what will happen when we do things, that is, know the best we can. We can’t be absolutely certain, but we have to **take a chance, make a decision, and act**.

(And we know that not doing so is making a decision also, and is therefore acting. Inaction is action. We can decide to stay on the railroad tracks or get off. We can decide to decide now or decide later. We don’t have a choice as to whether to act, only as to what the act shall be.)

So it is my opinion that in order to be committed to the REUEP, it is important to have as accurate beliefs as possible, at least as related to decisions that are efforts to implement the REUEP, recognizing that the feeling of certainty that one is right is not the same as being right.

And it is **accuracy** that is needed, **not certainty**.

Let me emphasize this last point, because we have a natural tendency toward the opposite. At this point in our career as a species, **we worship and advocate certainty much more than accuracy**.

**The open mind seeks accuracy. The closed mind seeks certainty.**

**The open mind is consistent with the REUEP, the closed mind is not.** That is my opinion. Do you agree?

Of course there is no reason to agree until you are sure that we mean the same thing by our terms. The following is how I am using the terms:

The open mind let’s things in; the closed mind keeps things out. The open mind engages in behavior that allows for and encourages feedback; the closed mind engages in behavior designed to reduce feedback, at least of certain kinds. The open mind is open to the possibility of being wrong; the closed mind is closed, at least to a great degree, to this possibility.

The person with an open mind is willing and eager to discuss difference of opinion. Such an individual tries to understand the other’s viewpoints. He or she will ask the other to elaborate regarding the other’s opinions that are different, in an effort to find out exactly where the opinions diverge and why, and in order to grow in wisdom and improve in communication.

The person with a closed mind avoids doing the above. In fact, he or she may actually avoid, shun, interrupt, shout down, attack, and/or kill those with a different opinion.



A given person may have an open mind with regard to some beliefs while having a closed mind with regard to certain other beliefs.

A culture or subculture may encourage and even require closure of the mind in certain areas, and such a culture or subculture is at a high risk for engaging in group behavior leading to PSDED.

Mild examples of closure of the mind include deliberately changing the subject, agreeing to disagree and move on, and engaging in hostility during the sharing and comparing of opinions. (The hostility is designed to let the other know that continuing to express disagreement is unwanted, and to cause the other to desist in order to avoid the anxiety produced by the hostility.)

The degree to which people **avoid feedback by avoiding discussion of difference of opinion** is **enormous**, but goes **unnoticed** because of the **mutual agreement** of individuals to refrain from discussing in any depth certain issues, based upon a recognition of the likelihood of the appearance otherwise of anger and hostility.

Because I am a Humanian, meaning that I try to make all of my decisions and therefore behavior consistent with the REUEP, I wish to minimize the chances of my making a mistake based upon inaccurate beliefs. Therefore, I recognize the possibility that **I could be wrong** no matter how certain I feel that I am right, I want to **find out** that I am wrong if I am, I specifically want **feedback** on any and all of my beliefs, I want to understand **why** someone believes differently than I do, and I believe I should **not be hostile** in discussions with those who have a different opinion.

Do you believe that my above opinions are consistent with the REUEP? If not, where would you say I am going wrong? How? Why?

Now assuming you are still with me, we have to ask **how** to accomplish having as accurate beliefs as possible.

We have already talked about **having the open mind**, and therefore the wish to share and compare ideas with anyone, especially those that disagree. But we can go farther than that.

We can ask what the **best sources for accurate beliefs** are. Remember, we are not going to say that any beliefs obtained from any particular sources are 100% accurate, nor worthy of 100% certainty. We are playing the odds, as always. But we are asking where we are **most likely** to get beliefs that are the most accurate.

First, there is **formal education**, what we advocate for and try to provide to our youngest Humanians (and others). Formal education provides basic knowledge (including basic skills, how to do things best). Basic knowledge is that set of beliefs that the society feels fairly certain about and that will help most anyone, by reduction of mistakes, to live well and contribute well to the society. There is basic knowledge that almost everyone needs, and then basic knowledge that certain people need because of their special roles or occupations within the society.

Formal education is carried out by societal educational institutions that are responsible for doing the best they can to identify those beliefs that are most likely to be most accurate. Peer review, open debate, and certification are some of the methods used.

And then there is the actual acquisition and testing of beliefs about how the world works, with methods that emphasize and promote maximal precision, accuracy, and certainty. **The sciences**, with their scientific methods based upon the rules of logic and the rules of evidence, test the accuracy of beliefs by deriving predictions from them and then seeing whether those predictions turn out to be what happens (by making observations of either natural phenomena or the results of experiments).

So as a Humanian, attempting to do that which will promote the REUEP with as few mistakes as possible, I value **formal education** and **the sciences** as primary sources of accurate beliefs, and believe that my beliefs should be logically consistent with beliefs from these sources, with the constant recognition that new evidence may be obtained that could reduce the certainty of such beliefs or cause them to be replaced with even more accurate ones. If I learn that I have beliefs contradictory to those provided by formal education and those arrived at by science, I have reason to be very uncertain regarding my beliefs, and motivated to check them out further.

**Belief and action are mutually dependent upon each other.** Our beliefs motivate us to do things, and they determine which things we will do. It is especially important, then, that our beliefs be accurate, in order to avoid mistakes causing PSDED. That is my opinion. What is yours?

Do our religions currently foster and advocate for openness of mind? My impression is that they are increasingly doing so, despite a history of having had a strong tendency to demand belief as an act of obedience. So, as a Humanian in one of these religions, I would see if there were ways that I might **advocate** for more openness of mind, and therefore more **inclusiveness** in the religion of those with **differing viewpoints**. I would advocate for discussion groups within my religion in which the questioning of everything would be allowed and honored.

We cannot have no beliefs. All we can do is strive for increasing accuracy and certainty. But **certainty without accuracy can be a deadly combination**. Enormous amounts of PSDED have resulted from certainty without accuracy.

So my opinion as a Humanian is that **we should seek to attain accuracy of belief through openness of mind, this perhaps being the second highest ethical principle, second only to the REUEP**.

Okay, so **now we come to the most difficult part of all**. We know that many, perhaps most religions have had as a part of them a requirement that a member of the religion believe certain things that many people, even some within the religion itself, find it very difficult to believe.

There have been **two main reasons** for such difficulty in believing.

The **first reason for such difficulty in believing** is that all the person has to do is to look next door into another religion, or into the beliefs of someone not a member of any particular religion, and the person will find that **there is more than one belief to choose from**.

Now if there is no reason to choose one belief over another, then the odds that one of those beliefs is the most accurate are equal to one divided by the number of such beliefs. Usually there are quite a few to choose from, so the odds of one of them being the accurate one are extremely low. When the odds are extremely low, we would say of that belief that it probably was not so, or not accurate.

But what if there is indeed a reason? That would make things a lot different. That would increase the feeling of certainty considerably.

But what if each of the other beliefs had advocates that claimed that they did indeed have good reasons for believing as they did? Well then the odds go back down again.

And isn't that exactly the state of affairs that exists? If you were to ask any member of any religion whether he or she had good reason to believe the tenants of that religion, how many do you think would answer "no"?

And the other disturbing thing that one might notice is that the reasons given may be worrisome. Wouldn't we worry a little if the person said, "Well, it makes me feel so good to believe it," or "Well, I would just feel terrible if I didn't believe it," or "Well, I was taught to believe it in my childhood," or "Well, several people I know believe the same thing," or "Well, I got a special message from a deity that I was getting this special information directly," or "Well, if I don't believe it I will be tortured and/or killed." These would indeed be reasons for believing, but do any of them have to do with accuracy? And have we not seen many examples of belief maintained for one of these reasons, yet causing enormous amounts of PSDDED because of inaccuracy?

The **second reason for such difficulty in believing** is that many of these beliefs, that perhaps first came into existence centuries or millennia ago, are **contradictory** to beliefs more recently acquired through the **scientific methods**, beliefs so precise, accurate, and certain that we rely upon them to make our most important decisions that affect our very survival, both individually and collectively. It is by virtue of science that we undergo surgery, travel by air, prepare for natural disaster, rely upon computers, etc.

So when a religion expects its members to believe that which would contradict the findings of the sciences, such members may feel caught between loyalty to their religion and loyalty to openness of mind and the valuing of accuracy.

So it is my opinion that when religions expect of their members maintenance of belief as an act of obedience, this is one of the bad components of such religions. As a Humanian in such a religion, I would seek to enable myself and others to shed this requirement of the religion's members.

But now how can that be done if the religion bases its identity upon such beliefs? Would not an individual in such a religion, if he or she were a Humanian, or if he or she simply could not believe as required, have to leave that religion?

I don't believe so at all. There probably would be many others within the same religion who would find themselves in the same situation. Yet, it is most likely that the religion was doing a lot of good for its members and also perhaps for others within the community or elsewhere in the

world. It would be quite unfortunate to detract from something good that was happening. So what would be the appropriate approach to this problem?

I believe the answer lies in understanding, tolerance, benevolence, and reasonableness.

Everyone should understand that we all come from a background initially of highly inaccurate beliefs and only gradually make our beliefs more and more accurate. Our species once had beliefs similar to those of chimpanzees. The idea of the Earth being similar to a sphere is “counterintuitive.” It took us a long time to arrive at that more accurate belief. In the same way, each of us starts with the mind of an earthworm, so to speak, and from birth onward begins acquiring beliefs. These beliefs originally were quite inaccurate, but through the processes of child rearing, formal education, interactions with others, and absorption from the media, our beliefs become increasingly accurate (making us increasingly capable).

So each of us individually, and our species in general, all come from traditions of somewhat inaccurate belief. (When we look at certain inaccurate beliefs about the origin and nature of the world and about our history, beliefs that others have or have had, we refer to such beliefs as “myths.”) So it is only to be expected that any religion will have its tradition, its myths, its leftovers from its childhood, its perhaps even cherished inaccurate beliefs, all of which have had a reason for their existence. And that reason has been the effort to cope, the effort to find out how best to live life, the effort to do the right thing.

So rather than turning away from such tradition, what makes more sense is to look more deeply into it for the understanding it provides as we attempt to learn about ourselves and each other and the world in general. This is no different than any of us undertaking self-improvement through understanding of the self and thereby transcending where we are now to become someone better still. It is the valuing of our childhood.

Within any given religion, there will be individuals who are still taking the identifying beliefs concretely, others who are taking them more abstractly and metaphorically in order to understand ourselves better, and others who are making more discrete judgements among the beliefs with regard to the issue as to how much or little they are consistent with the REUEP. Any particular religion should have within it the capability for individuals to grow religiously in this manner. In this way, such religions become dynamic, not static. They become more responsive to the needs of all its members. And they become more able to keep up with the demands of a changing world and all of the ethical dilemmas that therefore arise.

So discussion groups within the religious organization that are at various levels of religious growth would meet the needs of all the members of the religion, and would help the religion to grow, to improve, to go up the mountain toward the REUEP and therefore Humanianity.

We will always have difference of opinion. What we need is openness of mind, understanding, and benevolence even toward those with such difference of opinion.

The above have been my opinions as a Humanian. You as a Humanian are not required to agree. But it is hard for me to believe you could be Humanian without being concerned about these issues and wanting to arrive at solutions in behalf of the REUEP.

So now what do you believe? What do you propose and advocate for? Why?

## PUNISHMENT AND REVENGE

Let's say it again. The only requirement to be a Humanian is having as one's ultimate ethical principle the REUEP, which is:

**WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, "THE GOOD LIFE" MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE.**

But having this ethical principle as your ultimate ethical principle means that you are committed to striving to have **all** of your ethical beliefs (about what you should and should not do), and therefore **all** of your behavior, consistent with it. And it is exactly because of this that your life, your basic way of living your life, is likely to become so different. That is my opinion. Being Humanian does not mean that you have to agree with me, but I predict that, with thought, you will.

So why, according to me, will your life be so much different if you are or become a Humanian? It is what is discussed in this chapter that will best clarify the answer to this question.

**We are basically chimps.** We are of course a different species, but with regard to our basic nature, we are most like chimpanzees. Yes, we are able to talk, and we are able to use the rules of logic and the rules of evidence to give ourselves science and technology, but all of this is in the service of our basic chimp-like nature. We are talking, hi-tech chimps. So we behave as chimps do, in our own human way. We have the same emotions, the same basic motivational states, hunger, thirst, the urge to play, the sexual urge, the wish for closeness, jealousy, envy, the tendency to fight, etc. Our ways of behaving, of manifesting our motivational states, are more complex and sophisticated, of course, because we use our language, our more accurate understanding of the world, and our many tools and gadgets as we live out our motivational states. But look beneath the surface at what we are doing and you will see that chimps do the same.

And nowhere is this more significant than in our motivational state of **anger**.

And there is, I will maintain, no other aspect of ourselves that produces as much human-induced **PSDED**.

In order for me to start to make my case, I would like to quote the third and fourth paragraphs of the chapter on Rational-Ethical Anger Prevention in the freely downloadable "textbook" at the PHILOSOPHY section of [humanianity.com](http://humanianity.com), *Rational-Ethical Living and the Emergence of 'Homo Rationalis': FOR EVERYONE (The Most Important Book)*. Those two paragraphs are as follows:

*It is my contention that the motivational state of anger and the behaviors (decisions) that are produced in response to it play the primary role in most of our human-induced hardship and tragedy, from the personal, interpersonal, and family level all the way to the global level. They are operative in most instances of breakdown of marriages, parent-child relationships, employer-employee relationships, and intimate relationships in general; "sibling rivalry";*

*meanness, teasing, bullying, and scapegoating; destructiveness; “adolescent rebellion”; child abuse and elder abuse (by both children and adults); rape; cruelty to animals; sadism and torture; self-injurious behavior and suicide; harassment (sexual and other); discrimination, “bashing,” and persecution; conflict, inefficiency, passive aggression, underachievement, and absenteeism in our schools and in the workplace; lawsuits and protests; theft and vandalism (including production of computer viruses); public and domestic violence, battering, and murder; “wilding,” rampaging, and rioting; serial killing, mass murder, and assassination; and revolution and war (including terrorism, purging, and ethnic cleansing).*

***It is also my contention that anger and related phenomena are an underlying factor in much illness and premature “natural” death.*** Anger has been shown to have deleterious and potentially fatal effects on the cardiovascular system and the immune system. Anger also produces fear, or anxiety, in others and in self, and this anxiety produces many of the other symptoms and complications seen in some of the psychiatric disorders, which may in turn carry a substantially high mortality rate. And since the status of our primary relationships is one of the most important determinants of our physical and mental health, the appearance of anger in those relationships, heralding potential or actual relationship breakdown, represents a major threat to our physical and mental health.

Well, the above two quoted paragraphs certainly call attention to the extremes of the consequences of anger, but I would also like to call attention to the **ubiquitous suffering related to anger**.

One of our most common forms of suffering is “**worry**,” the emotionally painful, repetitive imagination and/or prediction of potential bad situations. Of course we worry about finances, health, weather, etc. But one of the especially painful kinds of worry has to do with the reactions of others to ourselves. And this worry is often at least partly connected to our worry about what we have done or what we might do, and the consequences of that. We worry about **offending** others, and we worry about what others are likely to do if they feel offended by us, whether our intention was to offend or not.

We generally take many **precautions against offending**. We engage in tact, diplomacy, apology, mediation, “forgiveness,” and many specific behaviors designed to get around, minimize, and neutralize the anger of others toward ourselves and of ourselves toward others. (Unfortunately, these precautions don’t seem to work all that well.)

And much of our **conversation** with others is about interpersonal situations in which there is personal worry related to anger-containing interactions with third parties.

And then there is the **anger that we have toward ourselves**, our guilt and shame, our mortification, our putting ourselves down, criticizing ourselves, and wishing we would die, and even sometimes our purposeful self-injurious and self-destructive behaviors, consciously motivated or not.

That’s a lot of **suffering**, a lot of **PSDED**.

And I think that many would agree with me that we are actually **worse** than chimps. We have more problems with anger than chimps do. We are of course able to do worse things than chimps can do because of our language and science. But my impression is that more of our

mental activity is consumed with anger-related phenomena than is true for chimps. And I think there are good reasons for this.

But first I want to clarify two important anger-related phenomena that are specifically the focus of this chapter, **punishment and revenge**.

### **WE BELIEVE IN PUNISHMENT AND REVENGE.**

I think that if you start making specific observations regarding this issue, you will become as impressed as I am about this fact about ourselves.

Let's take a closer look at each of these two phenomena.

Let's start with **REVENGE**.

Revenge is the anger-motivated causing of PSDED in another or others who is/are believed to have purposefully caused PSDED in oneself or those one cares about.

So right away we see that **revenge adds more PSDED** to the world. This would make any Humanian immediately question whether revenge is consistent with the REUEP. I myself believe that revenge can probably never be justified (shown to be consistent with the REUEP), or at least that the circumstances in which it could be justified would be highly unusual. Thus, my opinion is that an important ethical rule of conduct would be that **one should never engage in revenge**.

(A rule of conduct is a device to make one stop and think before acting, the thinking being the effort to see if the contemplated behavior would be an appropriate or justifiable exception to the rule of conduct.)

But as I have stated, **WE BELIEVE IN REVENGE**.

There is hardly any question in anyone's mind that if somebody purposefully does something harmful to oneself, the **appropriate** action is revenge. Or even if perhaps it is not considered appropriate, it is at least **expected** and **understood**. This is true from the international or global level to the interpersonal level.

On the **interpersonal** level, if someone speaks in a hostile manner to another, the other is almost expected to speak in a hostile manner back, or at least to give the person a hostile look. When one person raises his voice, the other usually does also, this response sometimes being referred to as a "shouting match." And this happens all the time. You have seen it. You have done it (or the equivalent).

On the **international or global** level, just recall images of mobs of people with their fists or guns held high, shouting angrily about what has been done to them. When we are crying out for "justice," it is seldom that we are referring to fair distribution of resources, but instead to fair distribution of punishment and revenge. (If justice is so wonderful, why don't people want to be brought to it?)

We freely **recommend** revenge. “I’d get him back.” “You ought to show him.” “Are you going to just take that?” “Stand up for yourself.” “Give him what he deserves.” “Don’t be a wimp.” “I’d tell him off.” “You’ve got to fight back.” “I’d make him sorry.”

We freely **report** revenge. “He hit me first.” “I told him off.” “I made him sorry.” “I showed his ass.” “I got him back.” “I got even.” “I made him crawl.”

When we are born, it will not be long before we manifest our **built-in capacity for revenge**, while we watch those around us to see what are the most **effective** ways of achieving it. (We usually learn techniques of revenge especially from our parents, who serve as models.)

And we engage in revenge physically, verbally, nonverbally, legally, illegally, and militarily.

Now, to be sure, the **behavior** that we are calling **revenge** may, **at the same time**, be **self-protective** or **deterrent**. However, the fact that revenge is also an important component of the motivation is apparent from the frequent infliction of much more PSDED than would be necessary just to produce deterrence, and from the observation that the behavior we are calling revenge may be undertaken when there is no likelihood of repetition of the behavior that precipitated it. And rather than actually producing deterrence, what one frequently observes is a worsening of the situation, with no one willing to “back down,” meaning that deterrence is much less likely. Yet, this lesson is seldom learned.

And our using the phrase “**getting even**” almost seems to imply that revenge is necessary and right in order to achieve some sort of **balance**, rather than necessary just to deter repetition.

And there is indeed some degree of **ambivalence** about engaging in revenge. There is some tendency to recommend refraining from revenge, usually by someone not centrally involved in the conflict. It’s just not a very effective recommendation, and when someone engages in revenge, people tend to be “understanding” of the behavior, and may even secretly (if not openly) enjoy it. “Serves him right.” “He got what was coming to him.”

So the bottom line is that, even if we sort of believe that revenge is not good, we **also**, as is evidenced by **how we actually live**, do indeed believe strongly in it, and we believe in it strongly enough that we endure enormous amounts of predictable PSDED.

And even more, **WE BELIEVE IN PUNISHMENT**.

Punishment is the infliction of PSDED in response to the belief that the recipient of the punishment has done something wrong.

In the case of **child rearing**, punishment is usually administered by someone in a **parental** (or supervisory) capacity, in response to the belief that the child has done wrong, probably by virtue of the child having done what the parent didn’t want the child to do, the child sometimes even having been told not to do it (called “disobedience”).

In the case of **adults**, punishment is usually administered by some individual or group that is **above** the individual in the social hierarchy, again in response to the belief that the individual has done something wrong.



Even though punishment is thought of intellectually as a necessary method of **deterrence**, the most prominent component of the **motivation** for punishment is frequently actually **revenge**. Revenge is its **driving force**. In fact, even when what is happening is **revenge** against a **peer**, the behavior may be referred to as “punishment.” “I will punish him for what he did to me.” (Referring to the revenge as “punishment” has the added vengeful motivation of proclaiming oneself as being in a superior position to the other.)

Punishment works very poorly as a deterrent. Otherwise, we would have just about eliminated undesirable behavior long ago.

Even more obvious, however, is the observation as to how much people **expect** punishment, even when repetition is extremely unlikely. Every “crime” must be punished. The idea of someone “getting away with” something is extremely unpleasant. A person who did something bad early in his life but has led an exemplary life since then, when his past is discovered, must have his life ruined in the name of justice, in no way deterring him from repetition but providing that sense of evening the score through the administration of PSDED.

Perhaps nowhere is it more evident that punishment is primarily revenge than how punishment is depicted as administered by a **deity**. The deity is always depicted as administering punishment because of **wrath**, rather than as an effort to correct something or make something better.

**I believe that punishment and revenge tend to make things worse. I believe that we should never punish and never engage in revenge.**

But I have to modify what I have just written to say that I know that we cannot simply make a decision to eliminate all punishment. We cannot, for instance, pass such a law. Why we can't is that we have not yet **changed ourselves** such that we all **agree** that we should not punish. I believe that the time may come to pass when, globally, we will have as an ethical principle that we should refrain from punishment. But this will be as the culmination of a process in which more and more individuals change in this direction and advocate for the change on the part of others. The change will not come down from above, but instead will be the result of what you and I, and others like us, decide is the right thing to do.

Also, we will not be able to alter our current approach to unwanted behavior until we find **alternative methods** of approaching such behavior that **work better** than what we have currently. We have to be able to **deter** future acts much more **effectively**.

But what we have to realize is that our motivation to punish (vengeance) will tend to **undermine** any efforts to bring about beneficial changes in those who have acted inappropriately. When parents punish children, children come to regard the parents as **enemies to be feared** rather than allies and coaches in the effort to improve and grow. They therefore tend to **deny and minimize** what they have done, thus **interfering** with motivation to get the most learning from the analysis and understanding of mistakes. The same may be observed in adult penal systems, programs, and processes.

In the “textbook” mentioned above, the **awful effects of punishment** during **child rearing** are spelled out in the chapter on Rational-Ethical Child Rearing. And an effort is made in that chapter to outline a different model of child rearing (than what comes naturally), that is not based upon the ideas of obedience, disobedience, and punishment.

I believe that as our religions improve, they will gradually move toward benevolence, understanding, and non-punitive approaches to inappropriate behavior. And for those religions for which the concept of a deity is important, there will be an increasing tendency to view the deity as **not** engaging in punishment and revenge.

I wrote earlier that I thought that we have more preoccupation with anger than do chimps (in the wild). The reason for us being an angrier species is, I believe, that **we are so extremely punished**. There is not much that the young chimp, in the wild, does that has to be responded to with efforts on the part of the parent to change such behavior. But we humans have to undergo a tremendous amount of molding of our natural behavior into what is accepted by our cultures. And our parenting individuals, responsible to a great extent for such molding, are forced into the position frequently of regarding our children as “disobeying.” Our natural response to disobedience is anger and punishment. And the response of our children that is most expectable is anger and some sort of rebellion (overt, passive-aggressive, or sneaky) as a kind of revenge. Escalating cycles of punishment and rebellion are quite frequent and well-known, some of them even making the newspapers.

We have to remember that punishment is **any** purposeful infliction of PSDED as a response to unwanted behavior, so that even without formal punishment (spanking, standing in the corner, taking something away, grounding, etc.), there is an enormous amount of informal punishment administered by the hurtful things we communicate to children, called “shaming” and “scolding,” including both verbal and nonverbal behavior of a demeaning or threatening nature. Many of our children receive thousands of tiny verbal and nonverbal emotional lacerations and bruises, despite a presumed non-punitive approach to child rearing.

So it is not surprising that so many of us have so much anger and even paranoia toward authority, and so much internal resistance to cooperation, contribution, and conformity to expectations that are desirable and necessary for the benefit of all. “Self-interest” becomes the understood philosophy of life, and successful rejection of social expectations often leads to a kind of admiration that is elicited especially by many of our fictional heroes, in addition to our real ones. Indeed, much of our entertainment in the media comes from the depiction of rebellion and nonconformity.

(In no way am I saying that all expectations of conformity and cooperation are good and should be obeyed. There is much that is conducive to PSDED that is required by social groups, cultures, leaders, and individuals in authority, and efforts to call attention to and change such nonoptimal expectations are of course consistent with the REUEP. But I believe that it is easy to see much rebellious behavior as being **productive** of PSDED, rather than as ultimately reducing it.)

There is so, so much that we do that we shouldn’t do (assuming the REUEP). And this has always been true. Will it ever change? Will we ever start living the way we know we really should? If so, how will this come about?

It will have to come about through our **learning to be better than chimps**. We will have to learn to do what **works best** (to promote the REUEP). Chimps can’t do it. But we are able to **understand** much more accurately the **probable outcomes of our behavior**, such that we can develop **ethical rules of conduct** that will help us to change our behavior from that which comes naturally.

And so, here is one such ethical rule of conduct, which I believe you, as a Humanian, can accept, namely, that **we should never engage in revenge, nor therefore in punishment that is for the sake of revenge.**

Also, **we should seek alternatives to punishment as methods of improving behavior, alternatives that do not produce anger but instead produce motivation for self-improvement through analysis of mistakes and the development of wisdom as to what the outcomes of our various contemplated acts are likely to be.**

We will not change in the above manner just by believing we should and wishing we would. We have to know **how**. This means that we have to **study**. We have to have models and paradigms that tell us what to do (rather than what we will just naturally do). And yet this is exactly what we **don't** have, that is, a globally understood and agreed upon set of such models and paradigms.

In the chapters on “Rational-Ethical Anger Prevention” and “Rational-Ethical Child Rearing” (in the freely downloadable “textbook” from the PHILOSOPHY section of [humanianity.com](http://humanianity.com)), such models and paradigms are presented for consideration. There is no reason to assume that these are the final answers to any particular questions or to our effort in general. There may indeed be even better. I don't believe there are, but that is because I have developed these and are most familiar with them. If there are better ones, then those should extend, modify, or replace what I have offered.

But as a Humanian, can you conclude that the REUEP is promoted most by **refraining** from studying, understanding, and using, if not improving upon, such efforts? As a Humanian, can you simply say, “Well, I'll think about that tomorrow”? Can you say, “Well, it sounds interesting. It's something to explore when I have nothing better to do.” Can you say, “Sounds good to me. Hope someone starts doing it.”?

I believe **being Humanian involves studying.**

And at the beginning of this chapter I commented on how **different** your life will become if you are or become a Humanian. It will **be** different because you will **do** different.

**Humanianity is a religion of action.**

## SEX AND VIOLENCE

Within my culture, “sex and violence” is a recognizable phrase. Sentences in which it appears usually have an element of cynicism and/or humor and/or ambivalence and/or outright disapproval. Such sentences often pertain to entertainment, and “entertainment” itself appears to be a word or concept about which there is a certain amount of ambivalence. (I recall the negative reaction that occurred when, in a group discussion within a religious organization, I expressed the importance of services being entertaining.)

Now in this chapter I do not intend to perform an analysis of the role of sex and violence in our culture. There are others far better educated in the appropriate areas to perform that function.

This chapter is an effort to introduce Humanianity as the coming of age of a new religious orientation that is relevant to all religions and is, in my opinion, our opportunity to come to a far, far better way of living on this planet than we have ever known.

You should recall that Humanianity is not a religion to replace all other religions, but instead, by definition, an **ultimate** religion toward which all religions should aspire, each in their own way.

Every human is born into some sort of **culture**, a set of habitual ways of believing and valuing and behaving that belongs to the group into which that human is born.

And there are countless cultures and subcultures, all of which are **changing** in various ways, sometimes for the good and sometimes for the bad, according to whoever is making the judgment. In other words, cultures differ, and cultures have good and bad in them, and cultures change. Therefore, it is possible for cultures to **improve**.

But we have to remember that any culture consists of those beliefs, values, and behaviors that are considered **right** by the members of the culture, by definition. That means that in order for a culture to change, it has to come to the conclusion that it is not currently optimal, that it needs to change, that, basically, it is **wrong**. Herein lies one of our greatest obstacles to accomplishing this drastically better way of living on our planet that I stated was possible for us. **We have to question what we currently believe is right, or true, or best.** The very things that we are deeply committed to might turn out to be the very things that we should modify, improve, change, or even abandon!

And, by the way, is this not exactly what we would say about an **individual** undergoing psychotherapy because of the somehow self-induced suffering that he or she has been experiencing? Do we not, as a species, experience an enormous amount of PSDED (pain, suffering, disability, and early death), the vast majority of which is in part self-induced, at least to a certain (actually enormous) extent? So is it not quite conceivable that “the very things that we are deeply committed to might turn out to be the very things that we should modify, improve, change, or even abandon” **as a species**?

And if the above is true, what part, if any, do **you** wish to play in the response to that fact? You could easily say, “Well, it’s an interesting idea, so I will wait and see if anyone does anything with it, and what.” You could easily say, “Well yes, but I have important things to do, so I will let others worry about it.” You could easily say, “Well, changing ourselves is the job of our elected governments, so once I have put somebody in office I have done my part.”

But you could also say, “If I don’t put forth as much effort as I can to do this, how can I expect anyone else to?” And you could say, “I want to do my part, as much as I can, to promote the REUEP,” in which case you would be a Humanian, and you would be promoting Humanianity, whatever specific religion you might also be a member of or might espouse.

Let us restate the REUEP (rational-ethical ultimate ethical principle):

**WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, “THE GOOD LIFE” MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE.**

Let us also recall that the only requirement, by definition, for you to be a Humanian is for you to indeed consider the REUEP to be your own ultimate ethical principle, and that anything else that I state in this book is simply my opinion as to how one can go about implementing the REUEP, an opinion that you may not share, and need not share to be a Humanian. But, it is my opinion that with sufficient thought you will agree with me in at least most of what I have to say, because what I have to say I believe is based upon things that all of us can easily observe. We will see.

And all of the above has been to prepare you for what is to follow, namely, an effort to arrive at some conclusions, not on the basis of what you already believe, but only on the basis of the REUEP and what you can easily observe. This is a top-down approach.

So we are not going to make any assumptions about what is right or wrong, good or bad, etc., but instead are going to ask some important questions as to what is really optimal, **independent of what our culture currently says**. We will not look to our culture for the answers. Therefore, what I am going to propose may sound terrible to some or even many, who will evaluate it according to the mandates of their culture. Humanians will not do so, however, but will instead evaluate it according to logical conclusions based upon the REUEP and what we can observe about the way the world is (especially as clarified by science, that now gives us our most accurate beliefs).

Okay, so we are primarily going to look at sex and violence. It should be evident that there are substantial differences between these two activities, even if, with regard to certain issues, they may be regarded together. So we will deal with them separately at first, and then go back to looking at them together, using perhaps a different perspective.

Let us first examine sex.

Sex is enjoyable.

Indeed, sex produces joy and is often followed by contentment, and it is certainly appreciated by many. So if existence were simple, we could say that promoting sex was promoting JCA (joy, contentment, and appreciation), and therefore the REUEP. But we well know that the complication is that sex is also associated with much PSDED.

So is sex good or bad? Obviously the answer is that it can be both, or let us say more accurately, that engaging in sexual behavior may be good or bad depending on how it is done. So far, I doubt that there is any disagreement. So the question then becomes, “How should sexual behavior be engaged in?” In other words, what would be the ethics of sexual behavior? What is the right way to do it? What are the ethical rules of conduct that everyone should use for guidance with regard to sexual behavior?

Now we begin our independent inquiry, independent from any particular culture.

First, we must simplify our approach. We all know that sex (sexual behavior) has certain well-recognized dangers, namely and primarily, unwanted pregnancy and sexually transmitted disease. But these are not inevitable consequences of sexual behavior, and, in fact, have increasingly become preventable by our use of science and technology. So for the purposes of our discussion, we should temporarily set aside the issue of these two kinds of PSDDED, in order to evaluate the ethics of sexual behavior in and of itself. The reason for this is that, even without the consideration of unwanted pregnancy and disease, there is substantial cultural condemnation of sexual behavior in and of itself. There is much to talk about without even considering unwanted pregnancy and disease.

And we may fairly quickly, I believe, dispense with rape, meaning forcible sex against a person’s wishes, since that would almost certainly be inconsistent with the REUEP.

But what about sex between people of different races? Of the same sex? Of different ages? Outside of marriage? Between family members? Between children? In public places? In the media for adults? In the media for children? With more than one person? With more than X people per unit of time? In exchange for money? In exchange for other than money and/or reciprocal sexual gratification? Other than to produce pregnancy? With oneself?

So it is apparent that there are certain cultural proscriptions against various kinds of sexual behavior. And there are usually reasons given for those proscriptions. Sexual behavior X should not be engaged in because Y. And what are some examples of Y?

There are four main reasons that I have observed being given:

1. Doing so causes PSDDED, by....
2. Doing so is against the purpose of sex (reproduction).
3. Doing so displeases a deity.
4. Doing so is inherently bad, for reasons that shouldn’t have to be explained

**The first reason seems self-explanatory and consistent with the REUEP, but there are some complications that I will come back to.**

The second reason seems rather strange, if one believes at all that we should limit our population growth. The first sexual intercourse could produce twins, condemning that person or couple to a remaining lifetime of no sex, while someone known to be infertile would simply be completely out of luck. And we do not in any way limit other biological functions to the performing of them only for their essential biological purpose. For instance, we do a lot of eating beyond what is necessary for the sustaining of life.

The third reason, when elaborated upon, generally includes references to entities believed to exist by the person giving the reason, but not yet having been identified by the sciences. And there seem to be noticeable difficulties in discussing that fact in depth unless one agrees with the person. This reason, having to do with the wishes of a deity, is complicated by the difficulty in knowing what is in the mind of the deity, there generally being difference of opinion regarding such things, including difference of opinion as to what the source of authority should be. And of course some even question the existence of such a deity, such that there has yet to be a final answer regarding this issue. And of course opinions about the existence and values of a deity tend to be inherent in cultures, and different for different cultures. So conclusions based upon what a deity wishes regarding sexual behavior are bound to be uncertain and contested, leaving no possibility for agreement regarding sexual ethics, despite the importance of such ethics. For our purposes, as I stated above, we wish to look at sexual behavior independently from any specific culturally maintained beliefs.

And the fourth reason is inherently meaningless, because if one just should believe it, without any reason to do so, one could just as easily believe the opposite, without any reason to do so.

But going back to the first reason for some of the cultural proscriptions mentioned above, namely, that such behavior leads to PSDED, such reasoning would seem to be clear except for one consideration: **To what extent is the PSDED due ONLY to the fact that the sexual behavior is proscribed by the culture?**

And here we come to what I believe to be **an enormous amount of human-induced PSDED.**

In the last chapter, I expressed my opinion that we should never engage in punishment and revenge because of the primary and secondary PSDED that results. Well, how much of the destructiveness of certain of the above kinds of sexual behavior is actually due, **not to the sexual behavior itself, but to the punitive, vengeful reaction of the culture.** For instance, suppose none of the behaviors listed were reacted to with disapproval, punishment, and/or revenge; how many of those behaviors would still indeed result in PSDED?

Probably the sexual behavior that is most responded to with anger, revenge, and punishment, at least currently, is that which is labeled “child sexual abuse.” Such behavior ranges all the way between consensual behavior between adolescents of slightly different age to adult sexual behavior of varying sorts with very small children. Certainly this range of behaviors is probably not best looked at as one kind of behavior. It includes behavior ranging from that which is almost certain to produce PSDED independent of the reactions of the culture all the way to that which (1) approaches what would be considered “normal” by virtue of its frequency of occurrence and (2) seems devoid of any identifiable resulting PSDED.

So what is the relevance of this kind of behavior to Humanianity? There is one extreme change in outlook that I believe is consistent with Humanianity. We currently view situations like this as containing a “perpetrator” and a “victim.” **A Humanian, I believe, must view both as victims.** A Humanian, I believe, will not wish to victimize even further either of the two individuals involved.

First we must look at the “**victim.**”

The traditional victim has been victimized by the **circumstances**, namely, as having become involved in the sexual behavior and thereby suffering the PSDED that may (or may not) result from just the behavior itself.

But then the victim is victimized further **by us, the culture**, insofar as we react to the event as if it were much more than it actually is. The way to determine what this (cultural) component of victimization would consist of would be to imagine **what would happen to the victim subsequent to the event if the event were considered normal and okay by the culture**.

Looking at it this way, we would realize that there are many reactions to and around the victim that **add to** the PSDED, producing in the victim elements of shame, irrational guilt, fears of punishment, loss of self esteem, etc.

And all of this is complicated by the tendency of those important to the individual to **avoid even discussing** what has happened with the individual, leaving the individual isolated and unable to benefit from healing interactions with others.

The **discussion is avoided** often because of a specific, painful issue. The culture defines what has happened as “bad,” and the culture often strongly believes that any “bad” must be punished. So if the victim has made any mistakes during the event (either through lack of judgment or through involuntary sexual arousal), he or she could be considered partly responsible for what has happened and therefore a candidate for punishment. Even if the punishment would not be from others within the culture, there would be the automatically self-induced pain of guilt and shame that has become a part of the individual by virtue of being reared in a punishing culture. And so those who care about the individual may avoid discussion for fear of bringing to light any such mistakes. When such discussions do occur, there is usually great effort to believe, and to convince the victim, that the victim did not make any mistakes, or, if the victim did, that he or she should not be held responsible for them for some specified reason. Often it is easier just not to have the discussion.

So the victim is a victim of whatever elements (if any) of the sexual behavior produce PSDED, and then also a victim of the culture, or the representatives of the culture (you and me).

But now we must look at the “**perpetrator**.”

If the behavior is significantly deviant from normal, we can assume that (1) this individual has probably had significantly deviant, and possibly traumatizing, life experience or (2) that he or she has received a biological makeup that has contributed to the tendency to engage in such behavior or (3) that he or she has had the onset of some disability that is leading to reduced ability to refrain from unapproved behavior or (4) that he or she has been reared in ways that have led to insufficient ethical beliefs and/or ethical sense. Thus, this person’s life has become involuntarily complicated in ways that most likely will limit his or her gratification from normal, healthy relationships, limit his or her ability to be productive and adherent to the culture’s expectations, and interfere with having satisfactory self-esteem, all examples of PSDED. The individual is thus **a victim of these circumstances specific to his or her life**.

But even more, there is **the reaction of the culture**, that is, the reaction of the individuals close to and important to the person, and the reaction of the governmental hierarchy, to what he or she



has done, with the likelihood of **punishment and revenge**, and thus even more PSDED. The individual thus also becomes **a victim of his or her culture**.

The bottom line is that **the “perpetrator” is a victim also**.

Our attitude toward the perpetrator is substantially different from that toward the victim. But should it be? And if so, how?

There is no question, I believe, that a perpetrator is someone who needs to be supervised, until shown with a fair amount of confidence not to need to be. In addition to supervision, he or she needs our efforts to help him or her change to the point the supervision is no longer needed (assuming we have developed such capability).

But what is usual is **something in addition to, or even instead of, the above**. We feel sorry for the victim, but have **anger** toward the perpetrator, and our anger motivates efforts to ruin the life of the perpetrator, to inflict PSDED. And this tendency toward punishment and revenge **alienates** the perpetrator from the very people who might be of help, and it alienates the perpetrator to some extent from the society, making identification with the ethics of that society more difficult. In this way, our anger actually **increases** the likelihood of further such behavior. It interferes with helping this perpetrator, and it drives further underground other individuals who might need help with similar behavioral tendencies. It would seem that this approach to the problem is **inconsistent with the REUEP**. It is what comes naturally to us, to be sure, but it is not optimal. We should, I believe, be equally concerned about and benevolent toward the victim **and** the perpetrator, even though we may have to provide for supervision (to an extent proportional to the risk) of the perpetrator.

Please note again that the above is not a political proposal. Political and legal change will only reflect a change in the culture, and the culture will change only if individuals such as you and I do. So what I am writing about here is a potential change in your way of thinking that is part of the profound set of changes that are inherent in becoming a Humanian.

Another kind of cultural victimization is seen with regard to certain kinds of **negotiated sex** between consenting adults. The best example is **prostitution**.

Prostitution is associated with crime of various sorts. But to what extent is this true simply because prostitution itself, for no rational reason, is designated as a crime?

Now actually this issue is indeed currently being debated politically. In fact, some cultures **legalize** prostitution while others **criminalize** it. And the issues are complex. It is not likely that I can contribute anything that has not already been asserted in such debates. And this book is not a political one. But what I do wish to do is to focus on that aspect most relevant to the Humanian’s approach to the issues.

It is said by some that prostitution is “inherently bad,” that is, so obviously bad that no further explanation is needed. (Friendly debate regarding this issue is likely to be very difficult.) But how is this conclusion arrived at? I believe that this attitude toward prostitution is taught to children and young adults by the culture, without any actual logical consideration of the issues, because that is the nature of our unfortunate “standard model” of child rearing. Children are told the difference between right and wrong, and are expected to develop such beliefs as an act of

obedience. A child is likely to be (informally) punished (disapproved of) if he or she questions the validity of such taught proscriptions. And within the standard model of child rearing, there is a tendency to believe that it is best to shield the child from any consideration that what is being taught may not be agreed upon by everyone, because that might weaken the effectiveness of the effort to produce in the child a strong, protective ethical value. (If anything, it weakens the child's developing ability to engage in ethical reasoning.)

(My reference to the "standard model" of child rearing is using terminology from the chapter "Rational-Ethical Child Rearing" in the "textbook" that can be downloaded free from the PHILOSOPHY section of [humanianity.com](http://humanianity.com).)

But suppose we start from a different framework. Suppose we start from an absence of any assumption that such behavior is bad. What would the behavior then look like, and how would it be different from other behavior that is not disapproved of but accepted as good? Let us use our imagination.

There are individuals who, because of their appearance or certain disabilities, are unable to develop relationships with others that are intimate enough to allow for sexual behavior to occur.

There are individuals who are new to sex and wish to learn how to engage in it so as to be more confident when the time comes for such behavior to occur in a primary significant relationship.

There are individuals who do not have the time, due perhaps to a heavy work schedule that may even involve much travel, to develop relationships sufficiently intimate as to sustain sexual behavior as a part of them.

There are individuals who would like to learn to really get good at such behavior, in the same way that some learn other skills, such as sports, dancing, art, etc.

There are individuals who, because of certain life experiences, may experience substantial inhibitory anxiety when attempting to engage in sexual behavior, and who therefore wish help in desensitization and in acquiring the ability to enjoy the activity.

There are individuals who have a primary significant relationship with another who is unable to engage in sexual behavior but who is accepting of the individual getting such gratification elsewhere, with the additional comfort in knowing that the gratification is confined to a relationship that is for that purpose only, and thus not a threat to the primary significant relationship.

And perhaps there are other such scenarios, in which the existence of individuals who enjoy this kind of work and regard it as a way they can be of help to others is a real benefit to our species.

Now if our species had no negative attitudes toward an occupation such as this, would there nevertheless be something about it that would make it "inherently bad"?

We know, of course, that there are awful aspects to prostitution that do indeed currently exist, such as sexual slavery, but can we not ask whether these varieties of the occupation, that obviously involve PSDDED, are primarily **the result of the cultural condemnation of the entire occupation itself**, such that it is driven underground and is therefore less subject to the

expectation of the maintenance of certain ethical standards of behavior that apply to occupations that are more publicly scrutinized? How much of what is bad in prostitution is actually not the sexual behavior itself, but behavior that would be bad in **any** occupation?

So my whole point of this discussion is to ask you, if you are a Humanian, whether it is possible that **the bad in the world comes primarily from what you and I do, as a part of our cultures**, as opposed to there simply being bad people among us good ones, bad people that need to be punished, quarantined, and perhaps killed. What would life for our species be like if we made the assumption that all behavior was okay unless it, in and of itself, produced PSDED? And would we all perhaps have much more fulfilling lives, able to enjoy all of our biological capabilities, if we specifically inhibited only those behaviors that predictably made things worse (caused unnecessary PSDED)?

But remember that although I am talking about what life would be like if our **cultures** became more optimal, such optimization of culture can only come about if **individuals**, such as you and I, **change ourselves** and **advocate** such change to other **individuals**.

At the beginning of this discussion, we talked about the PSDED that accompanies sexual behavior in the form of unwanted pregnancy and sexually transmitted disease. We should note that these problems are not significantly different from obesity and food poisoning, that require modification of eating behavior to reduce the risk. We do not regard eating as bad because of these risks, but we do have to take appropriate precautions.

So we have three main forms of PSDED associated with sexual behavior, (1) PSDED produced by inherently damaging forms of sexual behavior, such as rape and adult sex with young children, (2) PSDED produced by risks especially attached to sexual behavior, such as unwanted pregnancy and sexually transmitted disease, and (3) PSDED produced by non-rational cultural attitudes about sexuality. The first form of PSDED is prevented by abstinence from damaging forms of sexual behavior, brought about by education and adherence to ethical standards of behavior. The second form of PSDED is prevented by engaging only in safe sexual practices. The third form of PSDED is prevented by modification of sexual behavior and abstention from it in accordance with cultural values, **but also efforts to change the culture**, which begin with efforts to change the self followed by advocacy. And it is this last effort specifically (change of culture through change of self and advocacy) that a Humanian would perhaps be most able to put forth and be most likely to value.

I wish now to address **violence**.

**Violence is the deliberate production of severe PSDED.** It is obviously, then, behavior inconsistent with the REUEP. At least it would probably be very difficult to show that it was consistent with the REUEP, except perhaps in the case of self-defense or the saving of others from PSDED, when no other equally effective alternative seemed to exist.

But **what constitutes violence**? How severe does the PSDED have to be? Where is the dividing line between violence and non-violence? Let us assume that hitting someone in the face is violent. What about on the arm? What about poking real hard with the fingers? What about slapping the face? What about spitting in the face? What about spanking? What about screaming in the face of the other? What about making a devastating remark to the other? What

about breaking the other's possession? What about ruining the other's reputation? What about threatening violence? What about threatening abandonment?

It should be apparent that there is **no clear dividing line** between **violence** and **nonviolent hostility**. So what we are talking about is some degree of **hostility**. (In the Rational-Ethical Anger Prevention chapter in the free "textbook" at the PHILOSOPHY section of humanianity.com, "anger" is used to refer only to the feeling inside, whereas "hostile behavior" or "hostility" is behavior motivated by anger and having as its goal causing pain, discomfort, and/or damage to the target of the anger. And the chapter points out that some hostile behavior is quite sophisticated and subtle, such that there could be difficulty in appropriately recognizing it as such.)

So if we talk about violence, we are talking about extreme hostility, but since there is no clear dividing line between violence and mild hostility, we need to talk about hostility itself if we are going to try to do something about violence.

It should be clear that hostile behavior, since it always tends to promote suffering of some sort, is therefore very likely **inconsistent with the REUEP**. (Playful hostility, as in friendly teasing, is a complex and sometimes problematic behavior that will not be covered here.) Thus, if you are a Humanian and you are about to act in a hostile manner, an ethical rule of conduct to the effect that you should not be hostile should immediately be activated, causing you to give thought to what you are about to do. (The anger prevention paradigm in the above-mentioned chapter of the "textbook" will give you very specific ways of handling such a situation.)

So, in general, as a rule, **we should not be violent, or even hostile**.

But what do we observe? **We LOVE hostility and violence!** We do it all the time. We believe in it. We crave it to the extent that we center most of our entertainment around it. We love to watch it. Even as children, we flock to see the fight on the playground. As children and adults, we love sports that have an element of violence. We set up talk shows designed to see people become hostile. Our sitcoms are enjoyable because of the portrayal of clever and sophisticated hostility.

We train our children to be hostile and even violent. We hit and shout angrily at our children. We let them spend hours watching TV cartoons and other shows depicting violence. We give them computer games in which they can practice engaging in virtual violence. And we send them to school where the bullies rule on the playground and serve as additional models beyond those of the children's parents. And we show them how admired the most hostile and violent behaviors are, as evidenced in "professional" wrestling and boxing.

Basically, **our cultures not only condone violence and hostile behavior in general, but also even promote it**.

So **we are victims of our cultures**. And we are our cultures. If we are ever to come to a far better way of life, in which we stop causing ourselves incredible amounts of unnecessary PSDED, it will be by virtue of you and I **changing ourselves** and **advocating such change to others**, till ultimately our cultures change.

I have portrayed only one half of the picture, of course, because we also have within our cultures the recognition that peace, harmony, and nonviolence are good things. Isn't it interesting how we can believe opposite things?

We have as a part of our basic animal nature not only aggression, hostility, and violence, but also affection, love, caring, and, yes, sexuality. (Our biological cousins, the bonobos, use sexuality for bonding, taming of aggression, and resolution of conflict.) Isn't it striking that we humans are far more condemning of sexuality than of violence, and that we protect our children from sexuality far more than from violence?

So, in my opinion, **what should we as Humanians do?**

First, we should **study** and **learn** those ways of becoming non-hostile. Learning the anger prevention paradigm well would be a way. Second, we should **practice** those ways in our daily living till we get good at them. Third, we should **rear our children** in ways that do not produce chronic anger in them, as outlined in the "textbook" chapter on Rational-Ethical Child Rearing, and help them to learn, as soon as possible, the anger prevention methods that we adults are learning and practicing. Fourth, we should **advocate** that others do the same.

And because this changing of ourselves in a basic sort of way is a **religious** undertaking, as religion is defined in this book, we should work within our religions to **improve** them such that they aid us to a much greater extent in this changing of ourselves. Advocacy within the services, and provision of discussion groups and workshops to study and promote such values and skills, would be specific ways of doing so. (It should be noted that currently such group efforts are defined not as religious, but as clinical activities, designed for individuals who have difficulties with anger-related problems to the extent of being considered to have a "disorder." Such is unfortunate in that this is an unmet need for all of us, contributing to an extreme amount of worldwide PSDED. This need should be met primarily by our religious organizations, all over the world.)

And **our religions can indeed improve.**

**Our religions reflect who we are.** Especially in earlier times, our gods have been portrayed as very prone to anger, judgmentalism, revenge, and punishment, and wars with neighboring tribes or lands would be in behalf of, and with the protection and assistance of, such tribal gods. We need to recognize that our ancient literature will include such portrayals, and to accept such literature for what it is, just **our best effort at the time**. If we use the concept of God as a sentient entity, we will do better to consider God to be non-hostile, non-judgmental, non-vengeful, and non-punitive. Such a God will be a role model for us and our children.

Overall, my impression is that the idea of a deity being compassionate, non-hostile, non-punitive, and inclusive seems to be growing, even if, so far, only to a very slight extent. I believe this change is consistent with our growing awareness that we are an endangered species on this planet and must **come together and work cooperatively** if we are to save ourselves from ourselves. The idea of world government as an alternative to world war has been growing, as has the idea of universal human rights and the fair distribution of resources.

Probably, the religious concept of "heaven on earth" has very little in it beyond the elimination of the PSDED produced by our innate tendency toward anger, hostility, and violence.

But now let us revisit **media violence**. Are we saying that we Humanians should advocate banning all fiction that contains violence, or even hostility of any sort? Are we saying that at least there should be that banning with regard to violence, or even any hostility, in media for children? I think that everyone would see this as inappropriate, ineffective, and unrealistic. It will never happen, and perhaps it shouldn't. Such media depictions are at times great works of art. And there appears to be a great hunger for them, quenched by a large portion of entertainment budget.

But more importantly, such media portrayals (and fiction in general), help us to learn about ourselves vicariously. They therefore enhance our capacity for intensive empathy, our ability to understand each other, to put ourselves in the places of others. And that is an extremely important capability, producing a major difference between ourselves and chimpanzees (and all other species on this planet). The last thing we want is to become out of touch with who we really are, what our basic animal nature is really like, what it is that we are dealing with in our effort to stop our widespread mutual infliction of PSDED. Losing that awareness and understanding would make us far less able to deal with anger-producing situations and with the (hopefully only occasional) hostile, violent behavior that some may exhibit.

So what is the answer? I believe once again that it rests with **you and me**. We have to **study, practice, model, and advocate**. And if enough of us do it, if enough of us become Humanians, we will eventually have an effect on our **cultures**.

As noted, it should be a top priority for anyone raising **children** to understand and use an anger prevention paradigm (an example being the one in the "textbook") and to teach it to their children. Then, when allowing children, under supervision, to begin to watch media hostility and violence, it should be as a learning experience for the child to help the child understand his or her basic animal nature and how one rises above it through understanding and practice. We will have to acknowledge to the child that such images are indeed exciting, but that our actual behavior needs to be different from our play and imagination. (And this educational process must be done non-punitively.)

It should be quite clear that we have a very long way to go before we have changed our ways in this manner. And it just won't happen without you and me doing our part. (But even as we are doing our part, it will make our own lives and the lives of those close to us better.)

So, "sex and violence" are a part of our basic animal nature. They will always be with us, at least potentially. But with the help of our **increasingly Humanian religions**, we will more effectively supervise ourselves, and occasionally if necessary each other, in our efforts to eliminate behavior that promotes PSDED and is therefore inconsistent with the REUEP.

And as we, I hope, are seeing, in order for this to happen, our cultures will have to change, and they will do so only if you and I as individuals do our part to change ourselves and advocate such change to others. Currently, we are to an enormous extent **victims of our cultures**. Of course our cultures do much good, and they thereby reflect the good that also is in ourselves and that we advocate to each other. But we will need to take a stand against some aspects of our cultures that victimize us so extensively.

Our **religions** reflect, or are a part of, our **cultures**, but there is no other part of our cultures that is more appropriately assigned the function of **self-improvement—for ourselves, our religions, and our cultures**.

As defined in this book, this effort is **Humanianity**.

## FAITH, HONESTY, AND ADVOCACY

This book, *Humanianity, the Religion for Humanity: FOR EVERYONE (The Most Important Religious Movement)*, is the **second** of three books as far as when the writing of the book **began**. But it is the **third** one that I have **completed**, the completion of it being the writing of **this chapter**.

It is been a long time since I completed the last chapter of this book, having intended to complete the current chapter later when it seemed to have materialized for me better. But for a long time I found myself unable to decide how to write this chapter, and instead became focused on the completion of my third book, on the mind-body problem. That book is *The Mind-Body Problem and Free Will vs. Determinism: FOR EVERYONE (The Most Important Philosophical Problem)*. Having completed that book, I realized that this current chapter is very much dependent upon what I came to understand and to write about in that book.

The first book was *Rational-Ethical Living and the Emergence of 'Homo Rationalis': FOR EVERYONE (The Most Important Book)*. I will be referring to this book as the “textbook.” All three books should be viewed as an integral whole, an effort to pass along what I have arrived at by a confluence of everything in my life.

Now there is a problem, indeed, in the writing of this current chapter, in that I know that some who read it will not have read the book on the mind-body problem, and therefore cannot have the understanding that would be necessary were I to use the terminology from that book, with its concepts developed in that book. Prior to the writing of that book, I would not have been able to satisfactorily complete this chapter. My wish, therefore, would be that prior to reading this chapter, you would read that book. I know that such a request is unrealistic, especially since the concepts in that book are not easy to understand with superficial reading. Nevertheless, I will try to do as good a job as I can in providing my ideas regarding the problems discussed in this chapter.

And what are those problems?

My whole effort, involved in the writing of my three books, has been to do something about that which has troubled me all my life, namely, the terrible tendency that we, our species, have to cause tremendous amounts of pain, suffering, disability, and early death for ourselves and each other, **unnecessarily**. We see among ourselves people that we admire, trust, and value because they are really “good people,” by which we mean that they really care about other people and about making the world a better place. But right along with them are people that we certainly can regard as highly dangerous “monsters,” against whom we have to protect ourselves in some way. But of course, the vast majority of people are somewhere in the middle, between those polar opposites.

And what we are talking about is ethics, by which I mean (in all of my writing) the set of ethical beliefs that each of us has and also the strength of the ethical sense (a motivational state) that often companies the activation of those ethical beliefs.

To elaborate, there are some people who believe that what the right thing to do is different from what the majority of people believe is the right thing to do. And there are other people who, with regard to many of those ethical beliefs that most of us have, simply do not have such beliefs one



way or the other. But, in addition to that, there are many of us who have a fairly well-defined set of ethical beliefs, but who have a relatively weak ethical sense that accompanies those beliefs. The end result is that large numbers of people do large numbers of things that cause pain, suffering, disability, and/or early death, to a lesser or greater extent. Everyone is familiar with this fact, and the examples of this fact are presented daily in the news media.

But as I have written about, especially in the “textbook, it is at least possible, and I consider somewhat probable, that our species can overcome the factors that have led us, always so far, to inflict on ourselves and each other such misery. We are able to do absolutely wonderful things, but we almost ruin that by the terrible things that we also do. We have capabilities that no other species has, and it is my belief that we can use those capabilities to drastically reduce our tendency to do those awful things.

And as you may know from what I have written in my other books and elsewhere, it is my belief that what is partly necessary is to continue the development of more accurate beliefs regarding how to do things, such that we end up being much better people than we currently tend to be. In fact, I believe that at some time in the future, our species will look back upon the way we are now almost like we look back on the Neanderthals. We will be the same species, but we will be so different psychosocially that we will look at ourselves, at this earlier time, as being almost like a different species. I metaphorically named this species (ourselves, in the future) “Homo rationalis.”

But how will that change occur? It will have to be because we have **learned how** to bring it about.

Elsewhere, I have written that we can observe the beginnings of such a change, but it is still very early in that change, the change being an **exponential** one that is difficult to imagine at the beginning of it because the beginning of such a change is so small. (Our first exponential change was the development of language, and the second exponential change was the development of the rules of logic and rules of evidence that gave us science and technology. The second of those changes is still occurring at a very rapid rate that has been, I think, obviously exponential.)

Such change requires our **working together cooperatively**. An absolute requirement for such cooperation is some degree of **agreement**, not agreement with regard to everything, but agreement to certain **fundamental** beliefs **both** regarding our **existential beliefs**, namely, how the world works (how it is, was, and will be), and thus what will happen if we do certain things, and our **ethical beliefs**, what we should or should not do.

But also, it is absolutely important that our existential beliefs, especially our fundamental ones, be as **accurate** as possible, because inaccurate beliefs lead to **mistakes**, some of which can be quite tragic.

**Science** is our best method for the determination of the most accurate existential beliefs. With science, we become able to do wonderful and terrible things. But whether we should do them or not has to be decided also, and the psychosocial institution most dedicated to that is our set of religions, or **Religion**.

But Religion has gotten a bad name, because what we have always found has been that there are many of them, with beliefs that have varied markedly, and that have led us to many different

conclusions as to what we should do, to ourselves and to other people. I do not need to enumerate the terrible history that we have regarding the bad things that we have done in the name of our religions, supported by those religions.

But I believe that we do not have to consider this to be a strange phenomenon. Our religions are **created by us**, and therefore **reflect who we are**. And who we are gets us back to our initial problem that we are discussing. There are things about the way we live our lives that cause us to be the way we are. There are things about the way we rear our children that explain why we are the way we are as adults. And the way we rear our children is dependent upon our beliefs about the **way** to do it. And there is substantial diversity of belief regarding this issue. So we have much to learn, and if we learn what we need to, I maintain, we can become far better people than has been true so far, and in that context, we should expect our **religions** to improve **also**.

And then, those religions **in turn** help us to become better. It is a bootstrap phenomenon. As we grow, our religions grow, and as our religions grow, they help us to grow. And this growth is in the direction of “**improvement**.”

But, this means that it is to be expected that our religions will improve. As we improve, so will our religions, and as our religions improve, so will we by virtue of their help.

So the basic concept here is that **religions can improve**.

But if religions are to improve, they must, by definition, **change**. And so the phenomenon of change occurring in religion is what this chapter is about.

As you know from reading so far, **Humanianity** is the term for the top of the mountain, if we imagine all the religions moving up the sides of that mountain, each religion being a religious tradition that has within it the old and the new, the conservative and liberal, the back end and the front end, etc., referring to the idea that religions can develop newer and better approaches as we learn new things as a species, and can also give up some of the parts of the religions that have bad effects rather than good ones. So we are talking about **change (improvement) of religions**.

And according to this way of looking at things, the **top** of the mountain would be what **all** the different religions, and even what we would call non-religious belief systems, can come to regard as the right things to do, a pyramidal hierarchy of ethical beliefs, each belief being legitimated by deduction from higher or more general ethical beliefs, leading to the concept of an **ultimate ethical belief** that cannot be legitimated but simply has to be accepted **arbitrarily**.

And what I personally believe to be the best candidate for that **ultimate ethical principle** is what I have referred to as the **rational-ethical ultimate ethical principle (REUEP)**, namely, that:

**We should do that which will promote not only the survival of our species, but also as much joy, contentment, and appreciation as possible, and as little pain, suffering, disability, and early death (PSDED) as possible, for everyone, now and in the future.**

So although most of our religions have some existential beliefs in them, and thus run the risk of coming into conflict with the findings of science, what our religions, or Religion in general, should be concerned with is helping everyone to achieve a set of ethical beliefs consistent with that REUEP (or, if a better one can be found, that better, alternative ultimate ethical principle).

So, we are talking about the basic necessity for us **all** to continuously work on **improving** our ethical beliefs, such that they are more and more consistent with that ultimate ethical principal. We must be prepared, then, to **change** our religious beliefs. And that is exactly what this chapter is about, namely, the **problems involved in changing our religious beliefs**.

And **why** is that such a difficult problem?

I believe that we all really know, deep down, why it is indeed so difficult to change our religious beliefs. And that is because they are so **important** with regard to how we **feel**, and thus, the **quality of our lives**.

But the impact of such change in our religious beliefs, or even the effort to change them, is not just a general impact that can be described for everyone. It is not just some change in the ability to have “warm and fuzzy feelings,” that some depict religions as primarily providing. Such impact is actually **highly personal**, and **unique** for each individual. We can look at different kinds of situations to realize this.

What about the person who may lose his or her job if he or she is discovered to have changed his or her beliefs in a certain direction? What about the person who will be ostracized by his or her family because of such change, or even killed? What about the individual who is in a marriage or other significant-other relationship that is built around a common set of religious beliefs? What about the individual whose children have been raised to have a particular set of religious beliefs that are now different for that individual? What about the individual who is the leader of his or her religious organization, and whose livelihood depends upon continuing to be in good standing within that organization? What about the individual who is seeking to find a significant other, but has a set of religious beliefs that are very atypical within his or her culture? What about the individual who is in a close, possibly family, relationship with someone who is in a tragic situation, possibly dying, and is achieving substantial comfort by virtue of his or her religious beliefs that are now different for that individual?

So when we talk about religions changing, we are talking about individuals accomplishing perhaps extremely difficult and painful personal changes, and even ones that could be viewed as being ethically wrong simply because of the anticipated effects of such change.

As you probably realize, this book, and the other two books, are not written as entertainment or as an effort to provide interesting observations, but instead are written for you, to help you in your individual life, as well as to help as many people as possible, now and into the future. The books are about what you, yourself, can do to improve your own life, the lives around you, and the lives of people in your future upon whom you have some impact, even though you cannot know who those individuals are and what that impact might be. But how the recommendations that I am advocating for would be implemented in your own life and situation would be something that I could not know. So all I can talk about is what I believe to be the general principles that may be of help, if indeed you believe that the changes that I am referring to are indeed the ones that our species should put forth the effort to achieve. So what are these general principles? That is what the rest of this chapter is about. (And you may of course add to them or modify them as seems appropriate to you.)

If we do indeed accept the REUEP upon which Humanianity is based, then whatever one does, one should try to anticipate **all** the possible outcomes and make his or her decision as to what to do such as to avoid producing unnecessary PSDED. The reason that this principle is important, I believe, is because I have observed a tendency on the part of some to consider that the answer to the problems that we have by virtue of our having of different belief systems is to solve them according to the paradigm that involves conflict between competing belief systems, with the goal of defeating the enemy. The epitome of such conflict, of course, is religious war. However, the other end of the spectrum involves something like the feeling of necessity to challenge the religious beliefs of another person simply because the other person has revealed having those beliefs, in some other context than one in which the goal of the conversation is to explore differences of religious opinion. An obvious example would be the challenging of the religious beliefs of a person who expressed how the person was deriving comfort in the face of tragedy by virtue of the activation of such beliefs. My observation has been that most people do indeed follow this principle (of being non-confrontational), if for no other reason than to avoid social disapproval, but also simply because of not wanting to cause distress in people whom one has concern for. The important exception would be the case that an individual, by virtue of his or her religious beliefs, was likely to make mistakes thereby and thus cause PSDED. Another example might be that of examining the religious beliefs of a politician who seemed to be making his or her judgments regarding what should be done on the basis of beliefs held primarily in his or her own religion. But such examination should not be hostile, but rational and exploratory.

The next most important principle that I can think of is that which is referred to in the chapter on Rational-Ethical Anger Prevention in the “textbook,” namely, the second principle of problem-solving behavior, that one should maintain within oneself, and reassure the other that one has, the **open listening attitude**. In that “textbook,” it is clarified that this in no way is our “natural attitude,” which is also described, which is, essentially, “Well, I know I am right, so you are either lying, dumb, crazy, or just plain bad.” (The natural attitude is very often accompanied by assertive, and even hostile, communicative behavior.) The “open” part of the open, listening attitude is the recognition that no matter how certain one is that one is correct, one could still be wrong. The “listening” part of the open, listening attitude is the feeling of importance in understanding the viewpoint of the other (rather than just trying to induce in the other one's own viewpoint, through either logic or intimidation). In that “textbook,” there is substantial elaboration and clarification of this principle.

And there is probably no situation in which it is more important to manifest this attitude than the situation in which it is most conspicuously absent, namely, in **child rearing**. In order to understand adequately what I am referring to, I would recommend reading and understanding the chapter, also in the “textbook,” on Rational-Ethical Child Rearing. If we do believe that the open, listening attitude is extremely important for the development of our species and for the avoidance of much PSDED, then **modeling** such an attitude in our relationships with our children would seem to be exceedingly important. And, if this is true, then much consideration should be given to what is currently considered the **religious indoctrination of children**. If Religion is indeed of major importance to our species, then **religious education** of our children would be **extremely important**. But if that religious education involves attempting to make it difficult for children to contemplate studying and understanding, and rationally evaluating, **all** current ways of looking at things, in order to make it unlikely that the child will contemplate attitudes and beliefs that may be somewhat different from those maintained by the individuals who are educating them, then such religious education is also of the very nature that is so

criticized by those who currently are turned against all Religion. Division and conflict are thus maintained by such religious education, and are the antithesis to what Humanianity is all about.

Perhaps the third most important principle is one that emerges from the discussion in the book on the mind-body problem, namely, the recognition that “**spirituality**” is a way of **personally** organizing one's subjective experience, and has nothing to do with the development of the Objective Model, the effort to attain as accurate a model as possible (the sciences being the epitome) of the way the world is, was, and will be, with which to make predictions about what will happen, especially what will happen in response to the things we contemplate doing. I consider the reading of that book to be of extreme importance if one is indeed becoming identified with the acceptance of and advocacy for Humanianity. The way that “spirituality” is being used here is such that even those most opposed to Religion should feel completely comfortable with the term.

And it is my belief that the currently highly ambiguous and controversial term, “**faith**,” is probably actually a helpful linguistic entity, in that it can help in the transition to the open, listening attitude and the general project of the improvement of spirituality, specifically by a **gradual transition of its meaning**. Many terms in the languages tend to take on new meaning as time goes on, the term within my culture perhaps most exemplary being “gay.” “Faith” may no longer have to have the anti-scientific connotation that is so prevalent currently.

Another important principle, I believe, has to do with a basic way of looking at our various religions. Just as each of us should consider **self-improvement** to be of primary importance, so should the leaders and members of religious organizations consider their specific religions to have as an **inherent aspect of its defining attributes** the attribute of the effort toward **improvement of the religion itself**. Metaphorically, each religion could be looked at as a “person,” with a strong desire for **continuous personal growth**. Even children can understand that there is always potential for growth and self-improvement, and that working on that project is, or at least should be, what life is all about. This is especially true because what happens to each of us as an individual is extremely dependent upon what all of us do as a species. It is an important aspect of child-rearing that the child maintain and increasingly develop an awareness of the importance of **doing one's part to make the world a better place within one's sphere of influence**. And doing one's part involves **learning how** to do it, and the development of those skills is what **self-improvement** is all about. So it would seem that every religion should view itself as somewhere in the process of a lifetime of self-improvement. With that kind of orientation, then it becomes quite apparent that one of the least optimal components of a religion would be the acceptance of its religious literature as being the unalterable source of any and all ethical principles. Instead, religious literature, I believe, should be looked at as the **diary of our species**, containing the epic journey of our species so far in its efforts to improve itself and learn how to live life optimally. We certainly would not look to children for guidance as to what we should or should not do, not because any ideas that they have would obviously be wrong, but because we know that an important task of childhood, and of life in general, is overcoming the tendency to make mistakes, especially by virtue of not having given our decision-making adequate thought. Helping children to think before they act, especially in certain kinds of situations, is a major part of what child-rearing is about. So we should be able to look into our religious literature and find examples of terrible mistakes right along with examples of wonderful and valuable concepts. From within that viewpoint, we can see ourselves as continuing to make entries into our diary, and what you are reading right now would, of course, be one of those entries. That is a reason why a tenet of Humanianity is that **all aspects of**

**Humanianity should always be looked at critically**, to see if there could be **still further improvement**.

So, for example, within Christianity, we should no longer have to struggle to avoid recognition of the contradictions found in the Bible, and of the awful things that a relatively primitive God urged us to do. We can see in that same Bible, with the increasing awareness of the possibility of improvement, the transition to a God that is far more understanding, benevolent, and “loving.” And it is to that advocacy by Jesus [Edit 09/03/2020: (whether historical or mythical)] that I refer when I see him as an important prophet and leader within emerging Humanianity. Others, in other traditions than mine, should, I believe, be able to see similar developmental processes within their own traditional religious traditions. We can all join hands as we go up the mountain together, and learn from each other as we read each other’s diaries.

It certainly is well-accepted that our religions are there for the purpose of achieving self-improvement. So of course those specifically involved in religious professions and leadership hopefully will always be asking the question as to how to go about providing avenues for the members of their organizations to engage in self-improvement. Self-improvement means learning to do the **best** things, and such learning involves **understanding** (believing accurately) what the **outcomes** of alternatively considered behaviors are likely to be. Thus, we are talking about predicting the outcomes of our behavior. This, in turn, means having accurate beliefs about the way the world is, was, and will be, and what will happen if we do certain things. The ultimate source of accuracy of beliefs is the **sciences**, that are specifically based intensively on the rules of logic and rules of evidence. Therefore, it would seem that all religions should regard themselves as in partnership with the sciences, just as the reverse would also be true. (The sciences give us technology that enables us to do amazing things, both wonderful and terrible. Science without Religion is just as dangerous as Religion without Science. But also, both bad Science and bad Religion are dangerous.) I think it is apparent in the current time that there is an uncomfortable relationship between Science and Religion. To some extent, each avoids mention of the other, perhaps as being irrelevant. On the other hand, within Science there is a growing effort to engage in self-monitoring by efforts to study and develop ethical considerations in all that Science has to do with. Similarly, Religion is fully aware of how Science can make Religion more effective, for example, through improved communication technology and improved understanding of “human psychology,” manifested more concretely in the area of “marketing,” but also through really understanding the findings of Science that indicate the likely outcomes of whatever Religion advocates. So what obviously should happen, in the long run, is that **Science and Religion should embrace each other warmly**, recognizing how essential both are to the survival and welfare of our species.

And finally, since we are talking about what each and every one of us can do, in behalf of promoting our REUEP (upon which Humanianity is based), we come to the extreme importance of **advocacy**. But what is it that we should advocate for? Obviously, there are many, many individual, specific improvements that we can advocate for in all of our separate areas of concern and activity. But what this chapter, and this book, and the other two books are about is what is **fundamentally important to every last member of our species, at all times**.

It is easy, during the course of one's day-to-day existence, to contemplate advocating for the more specific, important improvements that we believe can be made by virtue of cooperative effort among those who become aware of the importance of and benefits of that which is being advocated. But it is somewhat more difficult to think about advocating for that which would be

beneficial **for everyone, now and in the future**, especially because the answer to a general question like that is a relatively general answer. But that is what this chapter, and this book, and the other two books are about, and there are indeed specific things that **any individual, including you**, can do.

There is one specific area that desperately needs attention, and that is evident everywhere. Perhaps the best single word would be “**pessimism**.” I know from personal experience that the most frequent response to any effort on my part to advocate for our moving ahead in our development as a species toward a far better way of living life is that of regarding such effort as worthy of being labeled by various pejorative labels, such as “idealistic,” “Utopian,” “unrealistic,” “Pollyanna-ish,” etc. The belief is expressed that our becoming better than we have ever been is obviously impossible because we have not done so yet, and history is given as evidence. Although I can point to various accomplishments that have been made so far, that is, relatively new improvements over what we have always been in the past, such examples are met with by examples of how we have similarly accomplished being able to do horrible things that we had never been able to do before, such as the killing of more people in a shorter period of time than had ever been possible in the past.

Yes, we are indeed able to do much worse things than ever before. However, we also have developed and begun to implement newer concepts that had never been contemplated before. For a long time, we had talked about the “rights of citizenship,” but now we have even started talking about “**human rights**.” And we have made some movement along a line of development with regard to **child rearing** that has progressed from the acceptance of the very severe punishment of, and even the killing of, our children, toward an increasingly non-punitive, understanding approach to child-rearing that is becoming assisted by help from the sciences. And we are gradually moving away from government by the most powerful toward **government of the people, for the people, and by the people**.

In no way do I believe that these developmental lines have arrived at their ultimate ends. But they are at least evidence that our species can change, and is indeed changing, with regard to its third exponential change (according to my way of seeing things), the first exponential change having been the development of the infinite ability to use symbols and the rules of syntax (language), and the second exponential change being the development of the rules of logic and rules of evidence (science and technology). The third exponential change is and will be the change in the nature of our ethics, from the ethics of the chimp (obedience to the most powerful) to the ethics of “Homo rationalis” (commitment to the REUEP, the ultimate ethical principle of Humanianity).

So there is a kind of **advocacy** that I so much hope you will join me in, namely, the advocacy for not only **optimism**, but also commitment and dedication to the cause that all of this is about, namely, the continuous commitment to **trying to make the world a better place for everyone, now and in the future**. From within my perspective and knowledge, the currently most effective way of doing this is to advocate for the reading of, studying, and advocacy of these three books that I have written, and from there, the effort to pursue such lines of thought wherever they seem to lead.

And I wish to clarify that I am committed to making no money from these books, or the website (humanianity.com) upon which they can be found and from which they can be downloaded free. I am trying to “pay forward” for all that I have received from so many people who have come

before me that are responsible, by virtue of their optimistic efforts, for making the world a so much better place for me and those that I personally care about. And all of this that I have proposed has nothing to do with me or who I am. The ideas expressed should stand or fall on their own, under the appropriate, critical scrutiny of everyone.

This book is about **you**, not me.



## RELIGIOUS EDUCATION OR INDOCTRINATION OF CHILDREN

I had thought, after writing the last chapter, that I had covered most of the basic issues involved in understanding Humanianity. I have realized now that I have overlooked writing specifically about a set of issues that have concerned me for a long time, but I guess have sort of been in the background. And perhaps they have been in the background because they are difficult to discuss, due to the intensity of feeling that exists regarding them. They have to do with the whole concept of the religious education and/or indoctrination of children. The following are my opinions regarding this issue, and consideration of them, I believe, will be an important part of the thinking of any Humanian.

It is apparent, I believe, that there is difference of opinion regarding whether such interaction with children is good or bad. Profoundly theistic families would, I assume, tend to consider such interaction essential. Atheists would, I assume, tend to think that such interaction was unfortunate, and perhaps even terrible. And then there would be all sorts of opinions in between, perhaps.

So is there an answer to this question? Or is this set of issues a matter of “personal taste”? Is there any room here for advocacy to everyone of any particular position?

You have noticed that I have used the terms “religious education” and “religious indoctrination” more or less as if they were synonyms. I know that there would be many people who would consider those terms not to be synonyms, the problematic word being “indoctrination,” which tends to have a negative connotation for many people. It implies the teaching of susceptible individuals (especially children) at a time when, and under conditions when, the student would be in a position of dependency upon, and of assumed obedience to, those from whom such instruction was taking place, and would therefore be more likely to accept what was being taught. The underlying idea, whether referred to as “education,” “instruction,” or “indoctrination,” would be that there would be value in accomplishing the learning of whatever is being taught relatively **early** and **thoroughly**, such that it would have **maximal impact** on the individual in the time to come. With regard to children, there is, I believe, an assumption made that if such teaching occurs early enough, it will become so much a part of the child's basic way of thinking that, in the future, there will be relatively little danger that whatever has been taught will be seriously questioned, even in the face of significant challenge.

And obviously for many people such an outcome would be considered a **good** thing, because doubt in such areas of thought is seen as a negative, detracting phenomenon that should be overcome as much as possible.

But of course those who are not in agreement with whatever is being taught would consider this reduced capacity for doubting that which has been learned to be a **bad** thing. They would see such an effect as being a hindrance to unlearning wrong or bad things and to acquiring more accurate and beneficial knowledge in the future. They might even see such difficulty in doubting as being something that is holding our species back from making progress that it really needs to make.

So is there an answer to this question? Is there one that everyone can agree to?

Well, I know that the idea of everyone agreeing with regard to something like this is too extreme, at least for the foreseeable future. However, once again, I believe that arriving at those principles that we can all agree to is an extremely important goal to aim for.

And Humanianity is the religion for **everyone**, a religion that I believe is suitable for everyone and that can be agreed to by everyone. I am not talking about the particulars, but instead only about the **one ultimate ethical principle** with which all other ethical beliefs, rules of conduct, and principles should be consistent, the commitment to which, by definition, identifies one as a Humanian, namely, the **rational-ethical ultimate ethical principle (REUEP)**, stated as:

**We should do that which will promote not only the survival of our species, but also as much joy, contentment, and appreciation as possible and as little pain, suffering, disability, and early death as possible, for everyone, now and in the future.**

Now, if we do metaphorically see all of the religions as moving up the “mountain of improvement,” each on their separate paths but gradually coming together, the journey to the top of the mountain, and perhaps the top of the mountain itself, being Humanianity, then we see the dilemma produced by (1) the importance of religious thought and of the effort toward improved religious thinking, and (2) the fact that there are so many individual, often contradictory, paths or religious traditions that exist currently and probably for the foreseeable future. So **what** should indeed be taught to children? And **how** should it be taught?

This whole question again comes back to the basic issue as to what **Religion** is all about. Currently, most people seem to regard Religion as having to do with some **existential beliefs**, explanatory worldviews having to do with the way the world is, was, and will be, along with **ethical beliefs** about what is important in life, that is, what we should and should not do. I believe that the highly successful models produced by the sciences, sets of existential beliefs allowing us to predict accurately what will happen, including what will happen if we do certain things, are our most sensible source for our technological decision-making, rather than making use of what would be considered by many people to be outdated explanatory worldviews, which have not demonstrated such usefulness.

Nevertheless, each of us does indeed have, to some extent, an explanatory worldview that is not likely to be exactly the same as some of the proposed models at the frontiers of modern science, since highly technical and difficult-to-acquire knowledge is required in order to get a grasp of those models. And certainly young children will not be able to make any sense of or derive any usefulness from whatever understanding they can acquire of such models.

In fact, it is more characteristic of children that they think quite concretely, in terms of what they observe within their own subjective experience, only gradually to learn, primarily through formal education, that their concepts as to how the world works are much too simple.

On the other hand, if Religion is indeed to be the **ethical** component of the organizing principles of living, would it not be important to begin that process absolutely as early as possible, in a manner consistent with the developmental age, and thus intellectual capabilities, of the child?

If so, then it would seem that, in some way, the REUEP should be conveyed to children at as young an age as possible. A Humanian family would be built around commitment to the REUEP.

If one considers what the concrete application of the REUEP would be **within family life**, which is the initial, perhaps almost total, psychosocial environment of the child, would it not be fairly easy to see the REUEP being manifested by a great concern on the part of everyone within the family **that everyone in the family have as good a life as possible**, and that **everyone, therefore, develop a maximal awareness of the impact of his or her own behavior on everyone else within the family**? And, for that matter, would it not also be easy to see how the REUEP would be manifested by a continuing concern within the family as to how that family, and/or of the members of it, could indeed **contribute in the same way to making the world a better place in the wider world outside that family**?

And the concern for everyone in the family can be demonstrated by parenting persons in such a way that, even prior to the time when it can be expressed in language that the small child can understand, it is clear to that child how important such consideration of others is. Parenting persons teach partly by modeling for identification, and very young children learn to imitate.

I think it is assumed by many that the child's nature is such that concern for others can only be produced and reinforced in the child by methods based upon the concept of **obedience**, brought about and maintained by the threat of punishment. I believe this to be a very great **misconception**. I believe that children have the motivation to please their significant others (primarily parents, but also others within the family), and that to the extent that the parenting individuals within the family utilize a non-punitive approach that rewards cooperation, empathy, and mutual concern, the child readily works to do his or her part in that regard. I believe that it is the prevalence of our punitive approach to children that indeed produces the more self-oriented, self-protective, and even oppositional tendency on the part of the child, which may ultimately manifest itself as antisocial behavior, or at least as a very weak ethical sense associated with the ethical belief, to a certain extent, that doing disapproved of things is okay to the extent that one does not get caught.

So obviously these considerations about the most appropriate kind of religious education for the child are subsumed under the broader heading of child rearing. And I believe that we have an enormous amount to learn having to do with optimal child-rearing principles and practical applications, or methods. I have written about this set of issues in the chapter on Rational-Ethical Child Rearing in the book, *Rational-Ethical Living and the Emergence of 'Homo Rationalis': FOR EVERYONE (The Most Important Book)*, available free at the PHILOSOPHY section of [humanianity.com](http://humanianity.com).

So there is the question as to whether the child should be given, or needs to be given, some concept of an outside authority, in the form of a deity, whom everyone can be seen as trying to obey. It is my belief that there is no such need, in that **the child is capable of the needed motivation just by consideration of the obvious effects of everyone's behavior on everyone else**.

So, I think it would be consistent with Humanianity that the **religious** education of children be considered to be the **ethical** component of all that is being taught, with the general idea (ultimate principle) of **making life good for everyone, now and in the future**.

However, if the parents or parenting individuals within the family do indeed have a strong belief in a deity whom they are attempting to obey and please, there would certainly be a question as to

whether the child should be protected from the awareness of that set of beliefs within the parent, or contrarily should indeed be made aware of such beliefs.

If we assume that the parenting individuals do have such a set of beliefs, then of course they would consider it important to pass along such beliefs to their children. It would be unrealistic for such parents or parenting individuals to take precautions against revealing such very core beliefs within their religious tradition and within themselves.

But if we make the assumption that the parenting individuals are Humanian, and care about their children's future experience in coming into contact with the world outside the family, they would wish to prepare the child for the fact that alternative viewpoints do indeed exist throughout the world, and that there has been no universal agreement so far with regard to such beliefs.

So what would this lead the conscientious Humanian parenting individuals to do with regard to this aspect of their child-rearing?

It would seem to mean that parenting individuals should let their children know that the world is not unified with regard to such beliefs, and that the welfare of everyone is best considered by maintaining an openness of mind with regard to the possibility of value in other viewpoints, and even with regard to the possibility of changing one's own viewpoints, because of the impact of new information and new life experience.

So an approach that would be consistent with this general principle would be implemented by statements to the child like:

“This is what we believe, and it works for us, but the world is filled with different ideas about these things, and it will be important for you to form your own opinions as you go out into the world and listen to the viewpoints of others. Meanwhile, however, if you wish, you can make the assumption that the viewpoints we have within our family work satisfactorily for us. They are certainly consistent with our efforts to make sure that all of us in this family have as good a life as possible, and consistent with our efforts to do our part to make the world outside of our family a better place.

“As you go out into the world and hear other viewpoints, we will be interested in what you think about those ideas, and will look forward to discussing with you what you are learning. All of us have things to learn, and what is important is an openness to learning, not the feeling of certainty that one is right.

“To thoroughly understand our most advanced ideas about the way the world really is requires an enormous amount of learning. That is why we value so much the acquisition of knowledge, and it is why we value formal education and self-education.

“Because you are so new in this world, we have much to offer you. There will come a time, however, when you will be able to offer us much in return, and we look forward to that time also.”

(Of course, the actual words spoken to the child will vary as appropriate to the age of the child and to the usual vocabulary for that particular family.)

Is it not true that our most important task is to learn how to live with each other as one species, working cooperatively to promote our survival and the good life for all of us, all over this planet? And does that not involve learning how to make our differences a **resource** rather than a source of suffering, tragedy, and destruction? So how do we want to prepare our children to go out into the world and do their part in behalf of that most important task?

If that is what we want, we need to prepare our children to be able to have **dialogue** with anyone, and to be able to **explore any and all ideas**. We certainly do not want our children to go down the destructive path of hunkering down with a closed mind, regarding those who think differently as being possibly dangerous enemies. We have seen how this works so far, and, if you are Humanian, you wish to have us live a different life than the life that we have had so far, with so much misery and tragedy.

So it would seem that there should be just one "doctrine," namely, the REUEP, and that everything else should indeed be "education" in behalf of the pursuit of "truth," that set of existential beliefs (about the way the world is, was, and will be) that is most accurate, and that set of ethical beliefs (about what we should and should not do) that is most consistent with the REUEP.

I believe that any child, even quite young and just learning language, can understand a basic orientation maintained within the family to the effect that everyone should be concerned about everyone having as good a life as possible. Such concern does not have to be spelled out in words, although as time goes on, doing so will provide added value.

**Every child can begin his or her social and intellectual life as a Humanian.**

## HUMANIAN ORGANIZATION

Well, I thought that the last chapter was indeed going to be the last chapter, but I have realized that there is still something missing from this book. It has to do with the immediate and long-term future of Humanianity, that is, whether indeed it is something that will “take off” and be a significant contribution to our species, and then, most importantly, if so, **how?**

And, to a certain extent, what I just wrote is somewhat inaccurate. I see “Humanianity” as something that is **already occurring** (though very early in its progress) as a part of the third exponential change that I have written about, and the term “Humanianity” is just a word that I have applied to this concept, hoping that doing so, and then writing about the concept, will help potentiate this very important change that, in my opinion, will mean so much for us. So the “How?” question is really “**How can we most effectively expedite this important process?**”

By creating this label and applying it to this concept, I am therefore not “starting a new religion.” I am trying to contribute an additional **set of tools** for our species to help it get to where I believe it is ultimately going to go, a way of living that we have not yet experienced on this planet, a way of living during a future time that I refer to as the time of “Homo rationalis.”

At that time, according to my conception, we will be drastically different than the way we have ever been. The change will not have been a genetic one, but a psychosocial one. According to my view, the most basic aspect of that change will have been **a change in our ethics**, from that which comes naturally to us as primates (a group animal) to that which will be a set of principles that guide us much more effectively to do that which is more optimal than what comes naturally. I believe that the shift will have been from naturally occurring “**authoritarian ethics**” (based upon the ultimate ethical principle that we should do that which X wants us to do, X being whoever or whatever is most powerful, whether parent, leader, group, culture, or deity) to what I have referred to as “**rational ethics**” (based upon the ultimate ethical principle that is the one defining feature of Humanianity, namely, the **rational-ethical ultimate ethical principle**, or **REUEP**).

The **REUEP** is that **we should do that which will promote not only the survival of our species but also as much joy, contentment, and appreciation as possible and as little pain, suffering, disability, and early death as possible, for everyone, now and in the future.**

So I see all, or at least most, religions as gradually changing in the direction of improvement, that direction of improvement being toward Humanianity.

Now it has been characteristic of most religions that they have been based upon a particular set of beliefs, which have tended to divide people from one another. Membership in a particular religion has usually been based upon a particular set of beliefs, sometimes referred to as a “creed,” that a person is supposed to have in order to be a legitimate member of that religion. And so there have been many, many religions, as I understand it, each one based around a particular set of beliefs that many other people could not accept. This process has tended to cause much **pain, suffering, disability, and early death (PSDED)**, because there has been a tendency for people to be turned against each other by virtue of being members of different religious organizations and “faiths,” and when we have been turned against each other, we have at times done much that has produced PSDED.

It is my observation that there is currently an increasing tendency for members of religions to be more tolerant of, and even interested in, other religions, and to wish to join together with those in other religions in behalf of making the world a better place. Even though this is happening, there is not, as far as I can see, much wish on the part of people to share and compare their different “faiths” to see how such “faith” itself can be improved. There is much exploration by **individuals** with regard to finding a “faith” that “feels right.” Individuals are trying different things. They are sampling the various religions as at a smorgasbord, and choosing what seems right for them individually. What does not seem to be happening is effort on the part of the specific religious **organizations** that are being offered on that smorgasbord to learn from each other and thereby change and grow. I believe this does happen some, but very little.

And of course there are many people who consider themselves to be nonreligious. They find themselves unable to believe any of the defining beliefs of the specific religions that they look at, and in fact consider Religion to be a primitive phenomenon that the world would be better without. They are somewhat likely to believe that Religion should be stamped out.

All of the above, however, has been focusing on the **set of religious existential beliefs** that have tended to be the “doctrine” or “creed” that many religions have. And indeed, it makes some sense for any particular group to be organized around a set of beliefs or principles that define the group and give it a greater capacity for cohesion. Without such a set of beliefs or principles, anyone could ask why the group exists. So, is it therefore the fate of Religion that it will always be divisive because of the need to have a unique, defining set of beliefs? Are those who believe that Religion should be “stamped out” actually correct?

I think that this negative view of Religion is connected to a somewhat inaccurate concept of what Religion actually is. I know that what I am about to write is something that will not be immediately and easily accepted, but I believe that with a little thought it will indeed be accepted.

As I have written elsewhere, I believe that if we take a look at all of those psychosocial phenomena that we have labeled with the word, “religion,” the **common**, and therefore **defining**, feature is **not** the set of beliefs that are thought of as necessary to the identity of each of those religions, but is instead the **function** of those psychosocial phenomena, namely, the function of **helping the individual to figure out how to live life in the best possible way.**

When people have felt a sense of purposelessness, they have often turned to some religion or religious organization for help in overcoming that feeling. And when people have gathered together as a religious organization, their activity has been oriented primarily toward improving the lives of the members or participants, often by helping them to develop a way of viewing the world that has a positive effect upon how they feel and function, and to develop a way of living life (decision-making) that is considered better than the way they would be living it otherwise.

**So Religion is primarily a set of methods of helping people to decide how they should live their lives. This means that RELIGION is our effort to develop increasingly optimal ETHICS.**

I believe that it is helpful, for the sake of simplicity and effectiveness of communication, to consider that there are **two different kinds of beliefs** (that are very much interrelated in our decision-making), namely “**existential beliefs**” and “**ethical beliefs.**”

For the purposes of this presentation, I will use the term “**existential beliefs**” to refer to **beliefs about how the world is, was, and will be, including what will tend to happen if we do certain things**, and I will use the term “**ethical beliefs**” to refer to **beliefs about what we should and should not do**.

In many religions, an explanatory worldview (set of existential beliefs about why things are the way they are) has been used to legitimize the ethical principles advocated for in each of the religions. A fairly large percentage of religions do this by postulating a God who is most powerful and wants us to behave in certain ways, these therefore being the ways we **should** behave. Obviously, this is an example of **authoritarian ethics**, as defined above. And what we have found is that such authoritarian ethics has often gone down the road of believing that the God in question wants people to do things that turn out to cause quite a bit of PSDED. And this is one of the reasons why many people have turned against Religion.

But the concept of Humanity involves a shift to **rational ethics**, not based upon an ultimate ethical principle representing the wishes of a God, but instead an ultimate ethical principle that we have decided we want to live by, because we want as much joy, contentment, and appreciation as possible and as little pain, suffering, disability, and early death as possible, for everyone, now and in the future. And, as presented above, this ultimate ethical principle I have labeled the **rational-ethical ultimate ethical principle**, or “**REUEP**.”

This ultimate ethical principle, of course, cannot be legitimized. Otherwise, it would not be ultimate. The ultimate ethical principle of authoritarian ethics cannot be legitimized either. One can only arbitrarily just proclaim that one should obey whoever or whatever is most powerful. (One could still decide to disobey God, for instance, and believe that to be better, the right thing to do; but again, such a decision would be arbitrary. The arbitrary nature of the ultimate ethical principle, and related issues, is discussed in my first book, *Rational-Ethical Living and the Emergence of ‘Homo Rationalis’: FOR EVERYONE (The Most Important Book)*,” available free at the PHILOSOPHY section of [humanianity.com](http://humanianity.com).

So although the REUEP is an ultimate ethical principle that cannot be legitimated, but will arbitrarily be either accepted or not accepted, it is an ultimate ethical principle that I believe will be accepted by more and more people who give thought to these issues and look for some ultimate ethical principle to live by. And this is the most important, basic transition that I believe will be involved in our species' **third exponential change** (the first two such changes being the development of language and the development of science and technology).

So, we begin by saying that **Humanianity is the commitment to the REUEP**, an ethical belief, and that to be Humanian, by definition, requires **only** that commitment, there being no other defining set of beliefs that could be used to clarify whether an individual was Humanian or not.

But then the question arises as to what set of beliefs a group of Humanians could organize around, such that it would even be worth it to join an organization of such individuals. It would appear at first glance as if there would be no reason for the development of such groups of individuals. However, I believe that this is not at all true. In fact, if anything, this single identifying belief, the ethical belief that is the REUEP, brings into existence a much needed set of activities that make Humanity, and Humanian organizations, so valuable.



Ethical beliefs and principles (other than the ultimate ethical principle) are usually legitimated by higher (more general) ethical beliefs and principles and relevant existential beliefs. So if we start with the REUEP, that we should do that which will promote not only the survival of our species but also as much joy, contentment, and appreciation as possible and as little pain, suffering, disability, and early death as possible, for everyone, now and in the future, then we can ask how we should go about doing so. And the answer to that question depends upon our existential beliefs, about how the world is, was, and will be and what is likely to happen if we do certain things. Therefore, I will try to demonstrate what that means for any of us who are Humanian.

One of the most basic, fundamental observations that we can make (and therefore beliefs that we can have), I believe, is that there is **difference of opinion**, not just about unimportant things but about important things also. And some of those differences of opinion ultimately have something to do with important **decisions** we make.

I believe that another basic, fundamental observation we can make is that we can make “**mistakes**,” that is, decide to do things and then find out that it would have been better to have done something else, usually with regret about the decision that was made.

It would seem that some of our existential beliefs are very important beliefs, and ones that can be more or less accurate, and therefore more or less prone to lead to mistakes in our decision-making. If this is indeed true, then it would seem to follow that our existential beliefs, at least those involved in important decision-making, should be as accurate as possible. (I am leaving open the question as to whether there may be beliefs that could be inaccurate but would not lead to any mistakes.)

Another observation that I have made, and that I believe anyone could make, is that **we learn from one another**, this being one of the most important ways in which we improve the accuracy of our beliefs.

And if this is indeed true, then it would seem to follow that whatever would increase that learning process, helping us to learn from each other as rapidly as possible, would avert a significant amount of PSDED.

It would seem that one of the most important things that we should do would be to develop methods of benefiting from each other with regard to the development of our most important beliefs (involved in our most important decisions, important by virtue of whether the resulting decisions are consistent with the REUEP).

And so, if the above is true, it would seem to me that we should as much as possible **share and compare our different beliefs** in the context of an attitude or orientation that it is important for everyone to try to understand how his or her beliefs vary from those of others, and why that variance does indeed occur. We should share and compare our beliefs, with careful listening to the other and with effort to understand the other in as clear a manner as possible.

A corollary of this belief would seem to be that as we engage in the effort to understand each other, we should rigorously avoid doing anything that would interfere with that process of understanding the other as deeply and accurately as possible.

Another corollary would seem to be that as we express our own beliefs for the purpose of helping others to understand us, we should do it in as clear a manner as possible, and in a manner that does not interfere with the process of being understood by the other. Examples would include our using words in as clear a manner as possible (so that they mean the same thing to any individuals engaged in such discussion), and that we should not engage in any nonverbal (for example non-relevant, emotional) behavior that would be designed to **distract** the other person from understanding clearly what we are saying or **inhibit** the other person from giving his or her honest response to what he or she is hearing. And of course what I have just written about would also be true with regard to communication that was primarily taking place through writing rather than speaking.

A simple, relatively clear, more specific example of an ethical principle that would seem to follow from the REUEP is that we should not be hostile toward the other person with whom we are discussing a difference of opinion. (I believe that most people will agree with my observation that hostility occurring in discussions of difference of opinion is currently very, very frequent, and at times leads to unfortunate consequences.)

Now notice that the above very basic ethical principles, presumably derived from the REUEP, are indeed beliefs **beyond** the REUEP itself. So, does this development of additional ethical principles immediately violate the idea that being Humanian involves being committed only to the REUEP? Are these some additional beliefs that will become a “creed” or required set of beliefs to have in order to be considered Humanian?

I believe the answer to this is that every one of these conclusions that I have come to and have been sharing with you are indeed open to examination and question. So it is conceivable to me that, despite my current inability to observe some flaw in my own reasoning and understanding, someone may indeed be able to discover such a flaw and thereby have a different belief than any of those that I have so far proposed, and even cause me to change something I have presented above.

So what this means to me is that if there is indeed a group of Humanians, all that can be said about the individuals in that group is that at a given point in time, a certain percentage of them have a specific belief or set of beliefs, and that the alternative beliefs can be specified also, with a statement of the percentage of the group of Humanians that have these alternative beliefs.

On the other hand, if everyone **does** agree with, for instance, the set of beliefs that I have referred to above, then that group could announce (“to the world”) that, so far, all its members have that set of beliefs, along with the stated wish to hear from and understand the ideas of any people who believe that there are flaws in that set of beliefs. They would wish to have open discussion with any such people, in a setting and manner that would allow for the greatest possibility of improved understanding on the part of everyone.

(And once again, if there is anyone who believes that my belief about this is incorrect, I would hope to try to understand why, and would hope that the other individual, believing differently, would share his or her viewpoint. My current belief is that these beliefs are consistent with the REUEP and certain existential beliefs we can all agree upon.)

I would also say that it is very important that we always **aim for** 100% agreement, in that, as long as there is difference of opinion (belief), there is something that needs to be explored in

order to understand why there is that difference of opinion. If there is indeed difference of opinion, not just the illusion of difference of opinion produced by the natural ambiguity and inaccuracy of language, then chances are that at least one of the opinions is incorrect, leading to the increased likelihood of making a mistake. Difference of opinion means that there is work to be done.

On the other hand, **if there is unanimous agreement** with regard to some belief (opinion) or set of beliefs, we should do that which will optimize the chances that such beliefs can always be **reviewed**, since unanimity is not an absolute guarantee of accuracy or correctness. Beliefs that are unanimously agreed upon should always be offered as a challenge to anyone wishing to examine them, and perhaps should be offered as a challenge at some point to all students.

I wish to point out how **different** this attitude or orientation is from that which the vast majority of people have currently. The extreme example currently is that of cultures in which there is the ethical belief that one should be killed for having the “wrong” beliefs. But even in cultures that allow for the most freedom of expression of difference of opinion, there is still a fairly strong tendency for individuals to group together according to beliefs, and to be hostile toward, or at least less empathetic with, other such groups of humans that believe differently. So Humanity, as I am thinking of it, represents a very major change in behavior for our species.

I do wish to add that there are circumstances when accuracy of belief is not important, because of the nature of the situation and the goals of the activity. Entertainment often involves making use of the ability to enter into a belief-like state in order to benefit from the feelings that are produced. And play, including shared fantasy, or “make-believe,” can be very enhancing of relationship. Under these circumstances **inaccuracy** of belief would seem to be consistent with the REUEP. It is **only when the situation is one in which decision-making is important**, with the risk of PSDDED, that having accuracy of belief is so relevant. We need to have accurate (existential) beliefs about what is likely to happen if we do certain things, if we are contemplating doing them.

And of course there are many, many situations in which it is impossible to predict what will happen and therefore impossible to decide what one **should** do, this providing much freedom to decide what to do for reasons other than consistency with the REUEP (allowing for doing things “just for fun”).

It might be appropriate to address here the question as to whether these friendly debates, sharing and comparing of beliefs to foster increased understanding and accuracy of belief, should include debates about the existence or non-existence of a God, or any such debates about the “supernatural.” This particular issue is addressed toward the end of my book, *The Mind-Body Problem and Free Will vs. Determinism: FOR EVERYONE (The Most Important Philosophical Problem)* (downloadable free from the PHILOSOPHY section of [humanianity.com](http://humanianity.com)), in which I believe I demonstrate that the “belief in” a God is more a personal structuring of one’s subjective experience rather than a usable addition to the scientific effort to develop an explanatory model of the natural laws of the universe that allows for accurate and testable prediction. If one is not using authoritarian ethics, but instead rational ethics, and is thus legitimating a set of ethical beliefs by determining its consistency with the REUEP, then the “belief in God” becomes irrelevant to the task of ethical development and a matter of personal choice, except insofar as the way of believing in God should somehow lead to different ethical beliefs, in which case such a belief in God would indeed become appropriate for friendly debate. One would expect

difference of opinion within a group of Humanian individuals with regard to these issues, but I believe such difference of opinion would not interfere with the development of a set of ethical beliefs legitimated by the REUEP. In order to understand adequately why I believe as I have just stated, I believe you will have to read the book I just referenced.

So now let's assume a group of people get together for a meeting of local Humanians. What would they do that would be consistent with this being a Humanian group? It would seem to me that there would be two primary sets of activities that would be consistent with the REUEP.

(1) There would be a set of activities designed **to be of help to the group members** in their effort to live their lives more and more consistently with the REUEP.

(2) There would be a set of activities designed **to advocate for Humanianity** in the wider world outside the group, assuming that fostering Humanianity throughout the world would be consistent with the REUEP. (But of course an important part of this advocacy would be the request to the outside world to provide feedback having to do with any ways in which Humanians were believed perhaps to be mistaken about something, by engaging in open, friendly debate about such issues.)

With regard to (1), it would seem to me that part of that effort would be **general** and part would be **specific** to the individual or group, and specific to the time).

The **general** effort to be of help to the members of the group would be the increasing development of a set of ethical principles to live by, and the more **specific** effort would be the development of solutions to specific ethical problems facing individuals in the group or facing the group itself.

[**Edit** (5/8/2015): What follows now, regarding the development of a "belief manual," is a set of initial ideas. Subsequently, an actual "Humanian Belief Manual" has been initiated, at <http://humanianity.com/humanianity/humbeliefs.php>, that I believe is far superior to what is described here, though utilizing the same basic set of ideas.]

Regarding the **general** effort, the method that seems to me to be the most efficient would be that of the development of a "belief manual" (perhaps a better name can be arrived at). The belief manual would have **sections**.

The **first section** would be the list of beliefs (existential and ethical) that were agreed to unanimously by that group.

The **second section** would be the list of beliefs that were agreed to by, let's say, at least 90% of the group.

The **third section** would be the list of beliefs that were currently being discussed as candidates for the first or second section, but about which 90% agreement had not been attained.

And the **fourth section** would be a list of the alternative beliefs proposed by those not in agreement with the beliefs listed in the second section.

The belief manual would always be updated, and dated, and it would always be posted publicly, and thus made available to other Humanian groups to stimulate their thinking and provide additional ideas for them, just as the Humanian group we are considering would make use of the belief manuals of other Humanian groups in its efforts to attain greater depth of understanding and work toward unanimity. And one would assume that it could happen that a belief in the first section could at some point be moved to the second section, because someone had found an unsatisfactory aspect of it, just as a belief in the second section might eventually be moved to the first section. All of this activity, the development of the belief manual, could be regarded as “studying.”

It should be noted that if Humanian organizations do develop throughout the world, it may be desirable, for communication and logistical purposes, for them to be hierarchical, probably on a geographical basis, in which case there could be a second set of belief manuals, hierarchical belief manuals, each of which would be based, in the same manner, upon all of the belief manuals by all the groups that were considered directly “under” that group within the hierarchy. Again, such a set of manuals would be for information and study only, and not in any way a requirement of anyone’s set of beliefs as a criterion for membership in such organizations.

And I would want to stress again, very strongly, that I believe an important principle to go in the first section, hopefully, would be that there should never be any expectation of, or requirement of, any individual or any group to adopt a particular belief in order to be a member of that Humanian organization. The belief manuals that I have been describing are simply **public reports** of the current opinions (beliefs) of those groups of individuals. They are not “bylaws,” or “codes of conduct,” or “creeds.” The purpose of the belief manuals is to help people (within Humanian groups, within Humanianity, and within the world in general) to think ethically, that is, to become clearer about ethical principles, and about their probable consistency or lack of consistency with the REUEP. They would not in any way be a part of some degree of social coercion with regard to either belief or behavior, instead being helpful to anyone wishing to study such issues by making use of the ideas of others in the effort to arrive at a better way of living.

Of course, discussion (friendly debate) would be expected to occur in **Humanian meetings**, but it should, I would think, also occur in **Internet forums** for that purpose, and those forums again can be made accessible publicly, and be available to anyone who wishes to join in with regard to the particular topics being discussed, whether they consider themselves to be Humanian or not.

The public posting of the belief manuals, for instance on the Internet, allows everyone to benefit from the thinking and discussing done by others. I would expect more and more people to become interested in the thinking of Humanians, and ultimately to “join the movement,” that is, come to accept themselves as meeting the criterion for being considered Humanian (the commitment to trying to live consistently with the REUEP). This process would be part of the ongoing development of the third exponential change to a far better way of life on this planet.

The belief manuals should, I believe, be a report of the beliefs only of those members of the organization that identify themselves as Humanian, because otherwise there would be much loss of significance of the data. The belief manuals would be to report the beliefs of Humanians, not of an undefined population.

To help convey an understanding of what I am referring to when I talk about beliefs being listed in sections in a belief manual, I will offer the following lists of beliefs that might occur in the “unanimously believed” section (recognizing that I could be wrong):

- There is not a single thing that we can have that does not require others having done their part.
- There is not a single thing that we can do (beyond the extremely trivial) that does not require others having done their part.
- There is no individual, and there never has been, who knows how to make anything you see around you.
- Without others doing their part, you and I die.
- The more people do their part, the more everyone benefits.
- What we believe is an important determinant of what we do.
- If our beliefs are not accurate, we are more prone to make mistakes.
- We accomplish nothing without some degree of agreement.
- If we agree to that which is inaccurate, we can make really big mistakes, causing enormous PSDED.
- The seeking of accurate beliefs to which we all can agree is crucial to the quality of our lives and our survival as a species.
- We can believe almost anything.
- Agreement of everyone with regard to a belief does not guarantee that the belief is accurate.
- The best way to increase the accuracy of our beliefs is through friendly debate, an extremely difficult skill.
- My tools for making the world a better place are my body, my brain, my mind, and my possessions (overlapping concepts).
- I have the choice of taking care of my tools or not.

With regard to ethical beliefs, or principles, we might wish to state them in terms of values, that is, what we **should and should not** value, or strive for. Such lists might include the following:

What we **should** want (and strive for):

- Doing our part to make the world a better place, within our spheres of influence and within the limits of our capabilities.
- Self-improvement, relationship improvement, improvement of our religions, societies, and cultures.
- Dialogue, sharing and comparing of beliefs, friendly debate, understanding of self and others.
- Accuracy of belief, education, science, communication technology.
- Empathy for all beings that can suffer.
- Cooperation, effort toward agreement regarding accurate beliefs.
- Personal good health, mental hygiene, maintenance of capacity for joy.
- Organization, efficiency, creativity, capacity for new insight.

What we **should not** want (and strive to avoid):

- Lack of empathy, imperviousness to suffering.
- Unresolved relationship discontent, chronic anger, wishes for bad fortune for others.

- Hostility, antisocial behavior, predatory behavior, violence, terrorism, war.
- Avoidable natural and human-induced hardship and disaster, disease, poverty.
- Religious and ideological alienation and persecution.
- Cultural victimization, ignorance, superstition, denial of harmless freedom.

So what I have been writing about up to now has been the **general** kind of discussions in Humanian meetings.

More **specific** discussions might occur in smaller sub-groups or, if the group is small anyway, in the group at large. These would be discussions regarding ethical issues or dilemmas that are being experienced by individual members of the group or by the group as a whole, or by people or groups known to the members of the group. Such discussions might well also generate proposals for existential beliefs and ethical principles to go into the belief manual in the third section, as beliefs and principles about which there might turn out to be either much agreement or significant difference of opinion.

Again, all of the above could be considered “studying,” even though the more specific discussions might also be considered to be the provision of help to those having significant problems with ethical doubt, that is, difficulty deciding on the right thing to do.

But there is also the **relationship of each group to the “outside world,”** that is, to those individuals who do not consider themselves Humanian but might be prone to do so if they learned enough about it. And of course the more widespread Humanian groups become, the more likely they will achieve the attention of the media and of the world in general. So if Humanianity is indeed a valuable development for our species, then the spreading of awareness of it will be an important part of the process. That means that Humanian individuals and groups have an important potential role to play in this development of the third exponential change described earlier. And that role can be labeled, I believe, as **advocacy**.

So the question can be asked as to how that advocacy can be most effectively carried out. It seems to me that the development of these Humanian groups that I have been describing, all over the world, would be an enormously effective way of fostering that development. I believe there is at least one specific way (and probably more) of going about fostering the “spread” of these groups.

At the time of writing this chapter, I am about to bring about, I believe, the first meeting of the first overtly designated Humanian group. The way I am doing it is to use the technology of Meetup.com.

This technology in general is leading to the appearance of new groups everywhere. People can express their interest in meeting for a particular activity or kind of activity, and they can find any such groups that are already meeting, and, if there is no such group, other individuals wanting the same kind of group to start up. When there is not such a group in their area, someone can pay to start one, becoming thereby the “organizer” of that group. He or she can then schedule the group meetings and also engage in and foster dialogue on the Message Board of the Meetup.com site for that group. As time goes on, the relatively inexpensive fee for the continuation of the group can be paid by the group as a whole, or the organizer can continue to pay for its continuation.

So my thought is that if the first group finds that it is being successful in its activities, it might be quite feasible for the group to take up a collection to pay for the opening up of another such group in a distant city. Then, others in that city, or area, interested in such things and therefore taking note of the existence of this new group, may decide to join. When that happens, whoever in the first group became the organizer for that distant group could turn over the role of organizer to someone local in that group who was willing to take on that role (and without, I would think, a request for return of the “seeding” money used to start the group). And if each developing group did that for even just two additional groups, the growth of such groups would be exponential (assuming that each group that was started did indeed persist). If groups doing such “seeding” did so for more than two such groups there would be an even greater exponential spread of such groups. Each group doing so every six months would lead to quite rapid spread of Humanianity throughout the world. I therefore believe the potential for rapid spread of such groups in this manner, and thereby of Humanianity itself, is substantial.

In anticipation of such a development, and in order to facilitate the concept of world-wide organization development, I have named the group that I anticipate beginning to meet soon “Humanianity of USA/NC/Charlotte.” It should be obvious that naming such groups in this manner will make group identity stronger and clearer and also make communication worldwide somewhat easier. Note that if the above group becomes too large, and splits therefore into two groups, one of them could be named, for example, “Humanianity of USA/NC/Charlotte/South.” Such naming would also make it easier ultimately to develop a hierarchy, as described above. And I would assume that each such group would also have a nickname, easier to say, such as “South Charlotte Humanianity.”

Obviously, this degree of detail represents quite an elaboration of the basic idea of Humanianity, and, as such, may be found by others as having certain flaws or unrealistic components. I present this thinking to the reader so that he or she can use his or her imagination to come up with perhaps even better ideas. This way of organizing that I have suggested is just that, a **suggestion**. There is of course the question as to whether Humanian groups should indeed carry out such a plan, and this ethical question is indeed appropriate to be discussed in such meetings.

So, my effort has been to describe a methodology for promoting the development of Humanianity throughout the world, that is consistent with the REUEP and does not involve any coercion with regard to membership or belief. Anyone can become a Humanian and indeed have beliefs quite contrary to the majority, and by virtue of that difference actually be an important resource to the group. This is almost the opposite of the way religious groups usually develop.

In Humanian groups, it is more important to be open to in-depth discussion of all ethically relevant existential beliefs and all ethical beliefs, codes of conduct, and principles than it is to espouse beliefs simply because others in the group do so and are supposed to by virtue of their group membership. On the other hand, there may be some in a Humanian group who feel quite comfortable accepting the beliefs that have been developed by others, recognizing the important and effective methods by which such beliefs have been arrived at. (The degree of intensity of participation of members will necessarily vary, as it probably does in all groups, and, again, membership in a Humanian organization should not involve coercion of participation or any other restriction of freedom. Hopefully, recognition of the importance of the effort will be the effective motivator.)



I think it is important to call attention to the idea of Humanianity questioning itself, that is, of Humanians questioning their own beliefs, in an effort to live consistently with the REUEP. It has not been characteristic of religions for them to engage in self-questioning, at least not in public. In fact, such questioning would usually be considered “bad form,” or socially inappropriate, and detrimental to the effectiveness of the religion. An individual doing so would most probably be advised to go find a religion that suited him or her better.

But one of the main reasons for the amazing growth of Science and its ability to enable us to do such incredible things has been its built-in capacity for and tendency toward self-questioning. It is not that forces operating against such self-questioning have been totally absent from Science, but there has been an open accepting of its benefit.

So for Religion to move in the same direction is quite an improvement, and one that can ultimately result in Science and Religion becoming equal partners, each contributing to the total effort of the betterment of our species. Science helps us develop increasingly accurate existential beliefs, and Religion helps us develop increasingly beneficial ethical beliefs.

What has been written about above has been a discussion of **the most important function of Religion**, that of helping individuals to learn how best to live their lives, that is, what they should do to make for better lives, for themselves and for others, or, in still other words, the function of the promotion of **ethical living**. This being the most important function of Religion does not mean that it is the only possible function. All of the other functions that religions currently carry out can be carried out by any Humanian group. Social interaction, understanding, and support; artistic appreciation; enjoyment of awe and wonder; provision of help for the disadvantaged and distressed; etc., all can be a part of the activity of any Humanian group.

And it should be remembered that an individual, in order to be Humanian, does not have to join any organization. The Humanian organizations are just there to help the individual learn faster how to live consistently with the REUEP.

So this has been a presentation of my ideas about the potential for the development of Humanian organizations, including some specific ideas as to how that might occur, all in the context of trying to make a contribution toward the emergence of Humanianity, a development within Religion that is consistent with our species’ third exponential change. It is my hope that I am right and that others will join me in this specific effort, that is a part of an effort that many have been making all over this planet, in many different ways. It is by virtue of each of us doing our part that we, as a species, benefit, and I cannot imagine a greater satisfaction than to have done what I can as my part in that total effort.

## HUMANIANITY 2020

### INTRODUCTORY EDITING NOTE

This chapter of this book (Book3: *Humanianity, The Religion for Humanity: The Most Important Religious Movement*, available free at [humanianity.com](http://humanianity.com) under [PHILOSOPHY](#)) is an attempt to present Humanianity more clearly than originally done when this book was first written (01/23/2013), the current chapter being inserted on 11/07/2020. However, it is also written to be a suitable stand-alone document, as a thorough general presentation of the concept of Humanianity.

### WHAT HUMANIANITY IS AND IS NOT

What does the expression, “HUMANIANITY: THE RELIGION FOR HUMANITY,” mean?

It does **NOT** mean that “Humanianity” is a new religion that is competing with the other religions in the world.

“Religion” has many definitions, and here it is being used to refer to the set of social entities and activities the **function** of which is to enable working together on learning **how** to live and have a good life, i.e., **how** to be good and happy people, i.e., **what we should do** in order to accomplish that, i.e., **ethics**.

By “**ethics**” is meant beliefs about **what should and should not be done**, that cultures, human and non-human, induce in their members, and in the case of humans, includes the **linguistic modeling** (putting into words) of those ethical beliefs in what are called **ethical principles** and **rules of conduct**. (And in this presentation, as is often true in general, there is no distinction being made between “ethics” and “morals.”)

Therefore, the word “Humanianity” is a label for **just a very early movement manifesting itself in many of our religions, and our species in general**, a movement toward becoming the **ethically mature** human species we can be (by which is mostly meant that we stop doing almost all of the awful things we hear about in the media and witness in our daily lives, resulting in so much pain, suffering, disability, and early death, or PSDED).

What does it mean if you say you are “a Humanian”?

The only requirement (by definition) to consider yourself a Humanian is the commitment to **try to live in rational consistency with the Humanian Ultimate Ethical Principle (HUEP)** defined here as:

**WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE, FOR EVERYONE, NOW AND IN THE FUTURE.**

So, now what follows is the effort to make this concept, and some of its implications (at least in the mind of this Humanian) as clear as possible, with the hope that such increased clarity will

result in an **increased basic understanding** of what many of us are trying to do in many different ways, and therefore will result in an increased **strength of motivation** on the part of an increasing number of people (including the reader) to **participate more fully** in this extremely important effort, along with some suggestions as to how to do so.

Humanianity is the currently very early, but probably exponential, human-species-wide **change** from the naturally-occurring **authoritarian ethics** (based upon obedience to the most powerful, e.g., parent, leader, culture, or deity, about which species-wide agreement has been impossible) to **rational ethics based upon the above Humanian Ultimate Ethical Principle**.

By "**rational**" is meant "consistent with the use, where possible, of the **rules of logic and the rules of evidence**."

The **rules of logic** are used to assure consistency (non-contradiction) within a set of propositions, or sentences, in this case that are linguistic models (statements) of beliefs. (The rules of logic enable only **internal consistency** within a system of beliefs; they do not have to do with the **accuracy** of those beliefs.)

The **rules of evidence** are the rules for conducting, and interpreting the results of, experiments or observations, so that the maximum **accuracy** of resulting conclusions (beliefs) can be obtained. (The use of the rules of logic and the rules of evidence, to an extreme, are what constitute the scientific methods, or the "scientific method.")

So Humanianity is "**Religion**" (but **not** currently a religion or denomination) in the descriptively accurate sense that it is human activity the primary **purpose** (or **function**) of which is to help individuals formulate, understand, and apply fundamental principles regarding the best way to live their lives, i.e., a **basic ethical philosophy** (set of beliefs about what the right things to do are and why).

(There is unfortunately a current, widespread tendency to define "Religion" by its belief-content, e.g., "belief in a God, or gods," rather than its function, whereas other social activities are defined by their function, or functions. For instance, Science is not "belief in black holes," but instead activities the **function** of which is that of increasing the accuracy of beliefs.)

Thus, **neither implied nor denied** here by "**Religion**" are theistic beliefs, various specific "supernatural" beliefs, or beliefs maintained by faith or obedience, these being absent in some entities recognized as religions, and not necessarily maintained by all individuals currently involved in many recognized religious organizations and activities. And note that some individuals and organizations engage in religious activity as here defined, but do not label their activity as "religious," sometimes because of current negative attitudes toward, or concern about negative attitudes toward, "religion" as it is often (differently) thought of.

Now, becoming a little more specific, Humanianity, as defined above, is currently only an **early movement within Religion** (within many specific religions, to varying extents) and within the human species in general, away from **authoritarian ethics** toward **rational ethics**, and specifically toward rational ethics **based upon the above HUEP** (or some ultimate ethical principle very much like it).

The next two paragraphs will clarify and elaborate on the terms "**authoritarian ethics**" and "**rational ethics**."

(1) "**Authoritarian ethics**" as used here refers to the legitimization, meaning reason(s) for acceptance, of any ethical belief, rule of conduct, or principle by showing that it is **consistent with whatever X wants, X being whoever or whatever is most powerful** (able to cause pain, suffering, disability, and/or early death, and/or able to offer major, desired reward), thus allowing for non-rational and even logically inconsistent legitimizations, depending on the nature and/or mood of X. "X" may refer to parent, group, leader, culture, or deity (or representatives thereof). Authoritarian ethics is the ethics that exists in all (social) animals that manifest some sort of **dominance-hierarchy-phenomena** (entailing thereby behaviors that can be characterized as "rewarding," "punishing," "obeying," "disobeying," "struggling for dominance," etc.). It is thus the ethics that we all start out with in life, though we may later move in the direction of rational ethics. It is the ethics that we have built into us as hominids. It is natural and normal, but it is the source of much suffering and tragedy. We humans, because of our symbolic language and science/technology, can do better and are starting to do so.

(2) "**Rational ethics**" as used here refers to the legitimization of any stated ethical belief, rule of conduct, or principle by showing that it is logically consistent with a higher level (more general) ethical belief, rule of conduct, or principle and certain existential beliefs (beliefs about what exists, has existed, or will exist, and how it works, as opposed to ethical beliefs). Implied, therefore, is that there is an ultimate, or highest level, or most general, ethical principle ("ultimate" ethical principle), which cannot be legitimized in this way (there being no higher level ethical principle with which to do so), but is simply wanted for whatever reason(s). (Thus, different ultimate ethical principles will lead to different ethical belief systems, and the HUEP is just one of those possibilities. However, it is proposed that the HUEP would be desired by almost everyone, given adequate thought, and that finding another that was significantly preferred would be quite unlikely.)

Now, in what ways is this movement, Humanianity, manifesting itself more specifically?

This movement is **manifesting itself** especially (but not only) in an increasing effort to replace **some** of our natural tendencies to engage in **dominance-hierarchy-related (DHR)** behaviors (many of which can at times cause tremendous amounts of PSDDED) with behaviors consistent with the **social contract** by everyone for the benefit of everyone.

It will be important to clarify these two concepts, "**dominance-hierarchy-related (DHR) behaviors**" and "**social contract**."

Dominance-hierarchy-related (DHR) behaviors are one component of **dominance-hierarchy-related (DHR) phenomena in general**, as outlined in the next four paragraphs.

(1) "Dominance-hierarchy-related (DHR) phenomena" as used here refers to all of those components ("**DHR behaviors**" and "**DHR emotions**") of our basic hominid nature involved in the development and maintenance of hierarchical social organization, as well as, in the case of humans, the more **complex cultural management** (e.g., ethical, governmental, political, legal, religious) of such DHR emotions and behaviors.

(2) For humans, **DHR behaviors** include competing, demonstration of prowess, play-fighting, actual fighting, threatening, cursing, scolding, punishing, shaming, ridiculing, laughing at, smirking, arching of the eyebrow, ignoring, yelling at, interrupting, shouting down, refusing to speak, putting down, mocking, pejorative labeling, apologizing, staring or glowering, lowering the gaze, bowing, complimenting, bullying, cyber-bullying, needless horn-blowing, teasing, annoying, tormenting, showing off, territoriality, passive aggression, triangling (alignment with one against another), vandalizing, desecrating, protesting, obstructing, disobeying, obeying, etc.

(3) For humans, **DHR emotions** (motivating such behavior and resulting from it) include joy, affection, admiration, looking up to, excitement, pride, looking down upon, fear, anger, outrage, envy, jealousy, depression (even suicidal), guilt, shame, feeling superior, feeling looked up to, feeling inferior, feeling looked down upon, hatred, self-hatred, etc.

(4) For humans, **DHR complex cultural phenomena** (the manifesting and managing of DHR phenomena within a **culture**) include class, property, money, wealth, capitalism, tribalism, racism, loyalty, slavery, fashion, grading (educational and other), sports, child rearing, law enforcement (including incarceration, solitary confinement, torture, and execution), war, genocide, terrorism, authoritarian ethics, authoritarian-ethical religions, dehumanization, discrimination, subjugation (e.g., of women), harassment (sexual and other), etc.

Next, we need to clarify, in the next three paragraphs, the term "**social contract**."

(1) The "**social contract**" consists of an **agreement to a set of decision-making procedures** by all of those to whom the decisions apply, with cooperative agreement among themselves to adhere to such procedures, and with the goal of achieving that which is **beneficial to everyone** in that group of individuals. This set of agreements becomes, therefore, a set of (non-authoritarian) ethical principles and rules of conduct. (Such procedures may consist of something as simple as mutual grooming and equal sharing, among even non-humans, to something as complex as international government.) Of course the procedures decided upon, in areas involving complex decision-making, will most likely include the establishment of an "authority structure" that assigns decision-making responsibility or roles to certain individuals because of the prediction of most optimal functioning thereby (due to those individuals having exceptional knowledge and/or skill in certain areas). But this will have been decided upon by **procedures agreed upon by the group**, not imposed on the group by those individuals or by others from outside the group. This way of engaging in social organization (i.e., by social contract) is significantly different than the ways produced by our DHR phenomena, which can lead sometimes, through struggling for dominance and through being dominated, to so much PSDED.

(2) If one evaluates a specific example of a social organization to determine to what extent it is operating according to an **authoritarian-ethical model** versus a **social contract model**, one is most likely to find a **mixture of both**, especially the larger the social organization is. The reason for this is that since authoritarian-ethical social organization is much more in tune with our basic hominid nature, the maintenance, instead, of a social contract (by all, for all) requires a more complex and difficult-to-accomplish ethics and is therefore achievable by much fewer groups of people currently. Nevertheless, we see a growing effort throughout our species to move in that direction, resulting in, for instance, political phenomena that are "democratic" in nature, including the developing United Nations organization as an alternative to worldwide organization determined by repetitive war, with dominance by the most powerful. And this movement within our species will result in, and be promoted by, newer, much-higher-

skilled **child rearing**, drastically different from our normal, natural, standard (strongly authoritarian) model of child rearing. (This change in child rearing model, from authoritarian to rational-ethical, is presented in the chapter on “[Rational-Ethical Child Rearing](#) in Book1, *Rational-Ethical Living and the Emergence of ‘Homo Rationalis’*, available free on the [humanianity.com](#) website, under [PHILOSOPHY](#).)

(3) The social contract has probably always existed as a phenomenon among humans, and probably other social animals, as mutually agreed-upon cooperative behavior for the benefit of those involved, not behavior required by an external, dominating entity. (Such agreement does not have to be in words; it can be arrived at by individuals suggesting, through their behavior, what they are wanting and whether they feel good or bad about what is happening.) But this phenomenon has generally been limited to a very small number of individuals, usually only two (often referred to as “peers”). Also, such phenomena very easily convert into relationships in which there is a struggle for dominance, leading to relationship breakdown or to a relationship in which the most powerful in the relationship compel(s) the other(s) to obey, thus making the ethics of the relationship authoritarian, rather than that of the social contract. In the social contract, the ethical sense (motivation to do what one believes one should do) is produced, not by fear of punishment or wish for reward, but by the recognition of the importance of doing what one has agreed to do, by virtue of the anticipated undesired consequences of one’s failing to do so (e.g., the failure to achieve a mutually-desired goal, or the awareness of others’ disappointment in the context of wishing everyone to feel good).

Hopefully the above successfully clarifies the two concepts, “**dominance-hierarchy-related (DHR) behaviors**” and “**social contract**.”

So, again, **Humanian ethics** is based **rationally** upon the above HUEP, **not** upon obediently-maintained beliefs, e.g. theistic, about which there currently can be no wide-spread, increasing agreement, despite such agreement being increasingly desperately needed by our species with regard to our ethics.

The assignment of a **name** (“Humanianity”) to this movement is only an effort by this Humanian to clarify and thus help promote the movement, with the hope of thereby bringing about its somewhat faster growth (especially in response to an increasing sense of urgency).

Humanianity is thus **not** an organized religion or even an organization. There of course will probably (hopefully) develop Humanian organizations with functions including studying Humanian thought, advocating for Humanianity, and engaging in projects and activities consistent with the HUEP, but to be Humanian does not require joining or identifying with any group.

Humanianity, as already stated, is **not something to replace or compete with** any group or group activity. For the **individual**, Humanianity is a **personal orientation** (a commitment to try to live rationally according to the HUEP) that any member of any group can decide to have, an orientation that may indeed result in that individual attempting to help his or her group(s) improve in certain ways, such as to become more Humanian.

Therefore, in order to be a Humanian, there is, by definition, no required set of beliefs other than (1) the HUEP, which is an ethical belief (i.e., about what we should or should not do), and (2) the ethical belief that we should try to make all our other ethical beliefs, and therefore our actions

(whatever thoughts, feelings, and behavior that we seem to have any voluntary control over), rationally consistent with the HUEP.

So, you can be a Humanian and still be a member of any specific religious organization, identify with any specific religious tradition, or have no other religious identification at all. (Perhaps most people come from a specific religious tradition.) Therefore, you can be a Christian Humanian, a Jewish Humanian, an Islamic Humanian, a Buddhist Humanian, a Hindu Humanian, a Sikh Humanian, a Pagan Humanian, a Bright Humanian, a Humanistic Humanian, an atheistic Humanian, an Ethical Cultural Humanian, etc., or just a Humanian.

And, since "Humanian" can be an adjective as well as a noun, you can therefore be a Humanian Christian, Humanian Muslim, Humanian Humanist, Humanian Atheist, etc.

Since Humanianity is a "**movement**" within Religion, or religious thought and practice as defined above, it can be said to be present **to a certain degree**, rather than being simply absent or present, and therefore any particular religious (or other) group may be said to be "Humanian" **to a certain degree**. Most religious groups consist of individuals who are becoming "Humanian" to various extents, with progressive change expectable over time, such that the various religious groups (and for that matter, any groups of humans) can be said to vary with regard to how "Humanian" they have become so far. And indeed, any **individual** can be said to be Humanian **to a certain degree**, that can vary from not at all to extremely so, as in "that person is very Humanian," referring to how **committed** the person is to living in rational consistency with the HUEP.

Humanianity, then, can be conceptualized by a **metaphoric image** that consists of a somewhat conically-shaped mountain, the vertical dimension representing time. Around the bottom of, and at varying distances from the bottom of, the mountain are worm-like entities seemingly crawling up the mountain but actually growing at the top end and atrophying at the bottom end, each of these entities representing a specific religion (or similar cultural activity not necessarily labeled a "religion") that is becoming more "progressive" (self-analytic, self-reformative, and self-expansive) at the top end and that is giving up outdated components at the bottom end. As this movement within these entities occurs, and the entities eventually approach the top of the mountain and therefore come closer to each other, they will tend to merge, and when all of them have done so, they will **finally become** "Humanianity, the Religion for Humanity." Currently, however, Humanianity consists **only** of the **movement**, or **growth process** (toward the top of the mountain), within these entities ("religions" and other similar entities). Thus, Humanianity currently is not just another "worm" on the mountain, but instead is the process going on in the worms that is producing their movement up the mountain, the atrophying at the bottom end and growth at the top end. (Thus, the expression "Humanianity, the Religion for Humanity," represents a goal to work toward and perhaps achieve, not a current reality.)

So, what, more specifically, would result in a religion being considered to some degree Humanian? As an analogy, a small child has much "growing up" to do and may manifest significant "behavior problems" that must be overcome in order to become a well-functioning, productive, and happy individual who makes his or her world a better place. **Ethically, our species is still just a toddler** (compared to how we may become), itself manifesting many behavior problems that cause PSDED, but having significant **potential** to behave far better (as evidenced by the wide range of behaviors manifested by individuals within our species). Each of our religions, cooperative efforts to learn to become more mature ethically, is still quite young

and in need of overcoming various behavior problems that still remain (especially those caused by authoritarian ethics and other tendencies built into our species by evolution, e.g., tribalism, fighting, greed, etc.), and each of those religions always has the potential for further improvement. That growth process is the movement labeled “Humanianity.” Of course, our species does not have a parent to guide it and serve as a model, so it has to figure out how to do it on its own. We, within our religions (and other similar activities not necessarily labeled “religious”), have to do it ourselves, using our best (linguistic, rational, and technical) skills as we observe the effects of the behavior of our species’ individuals and groups on their own and others’ well-being. And to the extent that those in a religion engage in that effort, to that extent the religion can be described as Humanian.

### THE CHALLENGE WE FACE

If indeed this movement will result in a far better life for all of us on this planet, why are we not all aware of it and doing our parts in bringing it about as soon as possible?

We need to look at **the most problematic set of tendencies of our species**—a set of tendencies that holds us back and makes it so difficult to do that which seems so obviously needed.

Humanianity, as an emerging new way of **cooperation**, would seem to **require** all individuals being **committed to increasing mutual understanding of each other** and **therefore** to the **continual sharing and comparing of beliefs** in increasing depth, with the **goal** of finally achieving **agreement** to that which seems most rational and optimal (consistent with the HUEP), but always with the welcoming of new challenges to currently accepted beliefs.

Such **commitment to conjoint study** is, however, drastically **different** than what has always tended to be the **ultimate response to difference of opinion (belief)** with regard to relatively fundamental ethical issues, namely: refusing to continue discussion; attainment of psychological, social, and physical distance from those who disagree; developing anger and engaging in hostile behavior toward those who believe differently; and at times engaging in violence toward the “other” that can be as extreme as murder, war, and genocide.

So, what are some of the main **reasons** for this unfortunate, non-optimal response to difference of opinion (belief)? What is this problematic set of tendencies?

First, our hominid species is **tribalistic**, involving loyalty to the group and reduced empathy for and concern about, and even a tendency to fight and attempt to dominate or eliminate, those outside of the group. And for us humans, since we developed language and the ability to communicate belief systems (sets of interrelated and interconnected beliefs), this loyalty **extends** to the **maintenance of belief systems** that the group considers part of the group’s identity.

Second, even between members of the same group (or “tribe”), it is very easy for such individuals to feel that concluding that one is wrong and the other right represents **submission**, as in “losing the argument,” thus causing motivation to engage in a struggle for dominance (not “giving in”), that can easily cause escalation of that struggle (to “win” the argument), with the appearance of increasing anger and hostile behavior.



Third, it is well known that what we **believe** influences how we **feel**, and that some beliefs are comforting, or even inspiring, to have, so that giving them up results in significant suffering, occasionally enough even to the extent of resulting suicide. (Examples are beliefs that are optimistic or that make one feel accepted, valued, or admired.)

Fourth, any specific belief is generally a **part of a larger system of beliefs**, which may be important to the individual as described in the last paragraph, so that the giving up of that one specific belief may result in the discomfoting conclusion that since something is wrong with this **part** of the belief system, then maybe the **whole**, important belief system is defective or wrong.

Nevertheless, if the **predicted results** of such cooperative behavior are as **good** as here maintained, why is the **importance** of such commitment to conjoint study, despite the above four problems, not more obvious?

The reason is related to the fact that Humanianity is not a sudden, new phenomenon, but instead a **probably exponential** movement that has been occurring to some extent since an indefinite time in the past. ("Exponential" means starting very slowly, perhaps undetectably, but gradually accelerating till quite striking in its growth, ultimately resulting in drastic, obvious change.) But since this movement is **still very early** in its growth, it is therefore **hard to see**. And because it has not become obvious that this significant change is occurring, many people disregard such an idea as "idealistic," and not worthy of consideration and effort. People say, "That's just not the way we are." (And if there is no reason to pursue the understanding of Humanianity, then that is one less thing one may feel obligated to devote time to and is certainly not a reason to question the comfortable belief that the most important things have already been figured out sufficiently for one's own purposes.)

But what **actual difference(s) in living** does all of this mean for you and me?

### THE HUMANIAN LIFE

Since Humanianity is a movement in the ethics of our species that is **still quite early**, then a Humanian is going to be living a **different kind of life**, in some respects, than what is currently normal. So what are some of the implications regarding the influence on the **daily life** of an individual who is becoming Humanian? (What follows is one Humanian's answer.)

In general, to be a Humanian entails a **lifetime of effort**. A Humanian should:

**Study**  
**Learn**  
**Practice**  
**Improve**  
**Model**  
**Advocate**

Why **study**? We humans do wonderful things and awful things, to ourselves, others, and the environment, causing much JCA but also much PSDED. In order to stop causing so much PSDED, and in order to increase JCA, we have to **understand** what it is that we do that is not

optimal, and what we **should do instead**. Such study is **working on a basic ethical philosophy**. And the more each of us studies, the more others are likely to join in and do so also.

Why **learn**? Since we are not optimal in our functioning so far, we have to bring about change in our brains, such that the behavioral output is different and better. This involves our **learning about ourselves**, and especially about those parts of our basic hominid nature that contribute to our human-induced PSDED (like our tendency to develop anger and to “fight,” with looks, words, fists, weapons, and money). And again, the more each of us learns, the more others are likely to join in and do so also.

Why **practice**? Any new behavioral tendency that we bring about in our brains is weak in comparison to that which comes naturally to us or that which we have been accustomed to doing, and it is through conscious, purposeful, effortful repetition (“exercise”) that we **strengthen** the later, newer behavioral tendencies, until these new tendencies become more “automatized” (likely to occur without thinking). And again, the more each of us practices, the more others are likely to join in and do so also.

Why **improve**? Throughout our lives we are frequently being confronted with new situations that involve complex judgements about uncertain situations, and it is therefore always possible and even likely that whatever we do, we **could** have done something **even better**, achieving an even closer approximation to perfection and thus living even more consistently with the HUEP. And the more each of us improves, the more others are likely to also.

Why **model**? If indeed we are behaving increasingly consistently with the HUEP, then we can help others to recognize the benefit of doing so, and help them to understand how to do so, by setting a model for them for **imitation and identification**, one of the most important ways in which all of us learn to do new things.

Why **advocate**? Others are more likely to join the effort if they become aware of the possibility of doing so, by virtue of their **attention being drawn to that possibility**, and the more of us that do indeed join the effort, the faster we will reduce the terrible amount of suffering and tragedy that we have been bringing upon ourselves so far.

Each of the above efforts is in behalf of **trying to make the world a better place, within our spheres of influence and within the limits of our capabilities**.

**"Making the world a better place"** is defined here as bringing about more joy, contentment, and appreciation (JCA) and less pain, suffering, disability, and early death (PSDED), for everyone, now and in the future.

For each of us, our **"sphere of influence"** is defined here as all of those individuals (including ourselves) upon whom what we do has some effect. The outer boundary of one's sphere of influence is indistinct and unknown. The more influence one has on an individual, the closer that individual can be said to be to the center of one's sphere of influence. The **self** is therefore the **center** of that sphere.

What we do to and for ourselves (often referred to as "life-style") is important in determining our capabilities for making the world a better place for others. Also, other things being equal, higher priority should be given to acting in behalf of those closer to the center of one's sphere of

influence (because of the degree of potential impact, positive or negative). But of course there would be other considerations also, such as the likely amount of benefit that might be produced, and the number of individuals that might be affected. And there probably **never can be complete certainty about any such decisions**. All any of us can do is try our best to do what we believe will make the world a better place, based upon conscientious thought, thus **increasing the probability** of being successful.

So, in order to live consistently with the HUEP, the Humanian will seek to develop and live by a **basic ethical philosophy** that consists of ethical principles and ethical rules of conduct that are derived rationally from the HUEP and from existential beliefs (about what exists, has existed, or will exist, and how it works) that are as accurate as possible.

Is there likely, then, to be any **similarity** among the basic ethical philosophies of Humanians?

There are ideas (existential beliefs) that, through a lifetime of experience, almost everyone with sufficient thought would agree with, referred to here as "**facts**" (which of course still can change with further experience). Sometimes, however, these ideas may not have been thought about such as to see their significance, which may even be profound. The following are examples of some perhaps profoundly significant ones that are relevant to Humanianity. They would seem to be true, but are of course open to discussion and debate, as should be any proposed beliefs.

**Proposed Fundamental Facts Relevant To Humanianity:**

- One of the best ways to increase the accuracy of our beliefs is through friendly debate (sharing and comparing of beliefs), an extremely difficult skill, often rejected.
- Our tools for making the world a better place are our bodies, our brains, our minds, and There is not a single thing that we can have that does not require others having done their part.
- There is not a single thing that we can do (beyond the extremely trivial) that does not require others having done their part.
- There is no individual, and there never has been, who knows how to make (completely) anything you see around you.
- Without others doing their part, you and I die.
- The more people do their part, the more everyone benefits.
- What we believe is an important determinant of what we do.
- If our beliefs are not accurate, we are more prone to make mistakes.
- If we agree to that which is inaccurate, we can sometimes make really big mistakes, causing enormous PSDED.
- The seeking of accurate beliefs to which we all can agree is crucial to the quality of our lives and our survival as a species.
- We humans can believe almost anything.
- We accomplish nothing without some degree of agreement.
- Agreement of everyone with regard to a belief does not guarantee that the belief is accurate.
- our possessions (overlapping concepts).
- We have the choice of taking care of our tools or not.

In addition to this (incomplete) set of fundamental "facts" relevant to Humanianity is a set (incomplete) of **fundamental values** that would seem to be consistent with the HUEP. The following values (possible ethical beliefs) would seem to follow (in the mind of at least this

Humanian) from the HUEP and the relevant fundamental facts just stated. However, any of these values are open to question and friendly debate. "Value" is here defined as what is wanted or not wanted. Humanian ethical values would be **those things we should want or not want** (and therefore should strive for or try to avoid) in order to live according to the HUEP. Please note that whereas it might be very easy to agree with each of these values, it is quite strikingly obvious that many of our species live according to them only to a very small extent.

**What We Should Want:**

- Doing our part to make the world a better place, within our spheres of influence and within the limits of our capabilities.
- Self-improvement, relationship improvement, improvement of our religions, societies, and cultures.
- Dialogue, sharing and comparing of beliefs, friendly debate, understanding of self and others.
- Accuracy of belief, education, science, communication technology.
- Empathy for all beings that can suffer.
- Cooperation, effort toward agreement regarding accurate beliefs.
- Personal good health, mental hygiene, maintenance of capacity for joy.
- Organization, efficiency, creativity, capacity for new insight.
- Freedom to engage in harmless pleasure.

**What We Should Not Want:**

- Lack of empathy, imperviousness to suffering.
- Unresolved relationship discontent, chronic anger, wishes for bad fortune for others.
- Hostility, antisocial behavior, predatory behavior, violence, terrorism, war.
- Avoidable (natural and human-caused) hardship, disaster, disease, poverty.
- Religious and ideological alienation and persecution.
- Cultural victimization, discrimination.
- Ignorance, superstition.
- Denial of harmless freedom.

Despite what appear to be the probably fairly obvious facts and values listed above, we can all make the observation that there is an enormous amount of PSDED, at times to a tragic extent, brought about by what we, the members of our species, as individuals and as groups, decide to do:

**Things We Do Causing PSDED:**

- Unhealthy lifestyle behavior (uninformed, unconcerned, and addictive) resulting in poor and even fatal physical and mental health for the self and consequent emotional and financial hardship for others.
- Careless risk-taking behavior leading to accidents and illness, that result in enormous amounts of physical and mental suffering, disability, and early death, for the self and others.
- Hostile interactive behavior leading to relationship breakdown, from the interpersonal to the international, including parent-child relationships, friendships, employer-employee relationships, primary significant other relationships, societal subgroup (e.g., racial, sexual, religious) relationships, and international relationships, often referred to as "fighting."

- Unempathetic exploitative behavior to even a criminal extent, producing not only sorrow and at times agony and even death, but also widespread, painful and disabling distrust in our fellow humans. (We are our most feared predator.)
- Destructive consumptive behavior that has been increasingly ruining the environment upon which our comfort and health, and even our very lives, depend.
- Non-optimal governmental behavior leading to social problems such as poverty, inaccessible healthcare, inaccessible education, and excessive, unnecessary, harmful incarceration.
- Victimized cultural behavior consisting of painful and even fatal intolerance, discrimination, and aggression toward harmlessly non-conforming ("different") individuals and groups, by individuals and groups (including mob behavior, terrorism, and genocide).

Our basic hominid nature has been formed by the processes of natural selection, which have to do with survival of the species, not quality of life, so we have built into us some tendencies that make life better and some that make life worse. With our development of language, and then science and technology, and through much cooperation based upon accurate belief, thoughtful agreement, and ethical motivation, **our species has accomplished truly wonderful things**, enabling a far better and longer life than had been true closer to our beginning. **But** that accomplishment has remained **marred by our continuing tendencies listed above**, and many believe there is a growing sense of **urgency** about the fate of our species at our own hands (because of our now enormous capabilities). The Humanian Life is one dedicated to **doing one's part** in overcoming one's own such tendencies and in working with others to reduce those tendencies within our species.

So far, all of the above presentation of THE HUMANIAN LIFE has been a fairly **general** description of ways that an individual can work on becoming a "better" person (behaving ever more consistently with the HUEP). What follows is some more specific ways **you** can do so, that **also** include doing your part **to advocate** for such participation by others. (And what applies to you, of course, applies to all of us humans, within our spheres of influence and within the limits of our capabilities.)

First, with regard to **studying** and **learning**, we are most able and likely to change our "programming," our habitual ways of doing things, if we are members of a **group** of individuals who are likewise attempting to change in the desired direction, so **participation in such groups** should be of considerable help and opportunity. Therefore, if you are able to participate in groups that in any way **have as a function that of becoming better people**, your participation should be relevant and helpful, to you and others. Religious organizations are, of course, specifically for such purpose, but there are many organizations that do not identify themselves as religious organizations that are also for this purpose to a greater or lesser extent. And of course your membership in such a group allows for the opportunity of **advocating** (calling others' attention to the Humanianity concept as possibly consistent with the goals of the group or organization).

With regard to **practicing, improving, and modeling**, it is quite possible that the attempt, within a group or with another individual, to share and compare beliefs that are central to how best to live life will lead to phenomena described above under "THE CHALLENGE WE FACE" (i.e., hostile interactive behavior), and your attempts to respond optimally in such situations will help you to improve in the same way our species should improve to reduce human-induced PSDED.

There is a specific, recommended **study tool** to help, namely, the chapter on [Rational-Ethical Anger Prevention](#) in Book1, [Rational-Ethical Living and the Emergence of 'Homo Rationalis'](#) available free on the [humanianity.com](#) website, under [PHILOSOPHY](#).

Of course, your **studying** does not have to be in a group (or with another person). You can devote time to reading literature, viewing presentations, and thinking intensively about certain ethical issues, possibly as a form of meditation (e.g., while walking). This includes intensive review of interactions with others in which something seems to have “gone wrong,” or in which you have the feeling that you did not make a correct choice.

Regarding the study of literature, religious literature may be specifically helpful, if read with a specific outlook. Our **religious literature of the past**, rather than being looked at as commandments from an authoritarian entity, can be considered part of **our species' diary**, and can be studied to get perspective, i.e., a clearer picture of how we have been in the past, how far we have come since then, and what we can aim for in the future.

Speaking of religious literature, there is a specific **study tool** on the [humanianity.com](#) website that has significant potential for the promotion of progressive ethical thought. It is the [Humanian Belief Manual](#), and is [described in detail](#) on the [HOME](#) section, under the [TOOLS](#) page. The Belief Manual itself allows you and anyone else in the world (currently that speaks English) to construct a basic ethical philosophy, consisting of a list of proposed existential and ethical beliefs, accompanied by definitions, and to see to what extent other participants agree or disagree with each of them. The Belief Manual allows you to agree or disagree with any of the proposed beliefs, and allows you to enter your own beliefs and accompanying definitions, to be evaluated by other participants. Also, **your group** can be registered (by a group member) in the Belief Manual such that the group has its own Belief Manual, consisting of those proposed beliefs that 90% or more of the group agree with. You can therefore suggest to friends, significant others, and group members that they also participate, so that you and they can compare beliefs, seeing what agreement or disagreement there is. Also, there is a [FORUM](#) for any participants to discuss their reasoning with each other regarding the proposed beliefs, allowing for ever deepening exploration of concepts.

And another tool for studying is the set of recorded [Humanianity Conversations](#) on the [humanianity.com](#) website, the viewing of which can promote deeper thought about various issues by allowing you to see diverse viewpoints presented to perhaps an unusual degree of depth.

Some individuals engage in “prayer” as a way of practicing thinking about certain things, and it is conceivable that it might be of value to you to say the proposed Humanian Prayer one or more times a day:

### **The Humanian Prayer**

In all that I do, I, (your name), wish to do, and intend to try to do, when possible within my sphere of influence, that which will promote not only the survival of our species but also as much joy, contentment, and appreciation as possible and as little pain, suffering, disability, and early death as possible, for everyone, now and in the future--so help me everyone, please, to do this (or, for theists, “...so help me God and everyone, please, to do this”).

All of the above-described effort, THE HUMANIAN LIFE, is that of increasingly **putting into words** the ethical principles and rules of conduct that you live by, improving them, and increasing the strength of the motivation to live by them (the “ethical sense”), by virtue of your practicing thinking about them and by virtue of your openness to others that that is how you are living, so that you always can get feedback from others that may help you to improve your ethical belief system, or **basic ethical philosophy**.

### CONCLUDING CONCISE BASIC ORIENTATION TO HUMANIANITY

Purpose of Science: To optimize **existential** beliefs (about existence and how it works).

Purpose of Religion: To optimize **ethical** beliefs (about what should and should not be done).

Science without Religion is dangerous. (Science can **enable** us to do remarkably good and bad things.)

Religion without Science is dangerous. (Religion can **motivate** us to do remarkably good and bad things.)

Bad Science is dangerous. (We can do terribly bad things due to beliefs based on faulty, non-rational, scientific methods.)

Bad Religion is dangerous. (We can do terribly bad things due to beliefs based on coercive, authoritarian-ethical, non-rational religious methods.)

Good Science is rational. (It helps prevent doing bad things due to mistaken beliefs.)

Good Religion is rational-ethical and Humanian. (It helps prevent wanting to do bad things due to mistaken beliefs or bad motivational states and behavioral tendencies.)

"Authoritarian ethics": based on obedience to the most powerful (e.g., parent, leader, culture, deity).

"Rational ethics": based on rationality (consistency with rules of logic and rules of evidence), and an agreed-upon ultimate ethical principle.

"Good" here means "resulting in increased JCA and/or reduced PSDED."

"Bad" here means "resulting in reduced JCA and/or increased PSDED."

"JCA" means "joy, contentment, and appreciation." "PSDED" means "pain, suffering, disability, and/or early death."

"Humanianity" is "the emerging movement (especially in Religion) from authoritarian ethics toward rational ethics and the HUEP."

"My Humanianity" means "my commitment to try to live in rational consistency with the HUEP."

"HUEP" means "Humanian Ultimate Ethical Principle," verbalized here as, "We should do that which will promote not only the survival of our species, but also as much JCA as possible and as little PSDED as possible, for everyone, now and in the future."

**General statements about the Emergence of "Humanianity":**

- Possible because of: Our species' first two exponential, psychosocial changes, namely, symbolic language and rationality (rules of logic and rules of evidence, ultimately science/technology).
- Probably exponential: At first unnoticed, but accelerating, to finally become a drastic (third exponential) change, perhaps describable as a new "emergent."
- Very early: Currently unnoticed and unidentified by almost everyone, relatively uninfluential, easily dismissed, hard to grasp.
- Based primarily upon: Rationally constructed social contract for the benefit of all (as opposed to dominance by the most powerful).
- Exemplified by: "Human rights" (cf. citizenship); "democracy" (cf. dictatorship); decline of authoritarian theism; non-theistically based ethics.
- Requiring: Openness of mind; willingness to study, debate, advocate; valuing of critiquing, being questioned, accuracy of belief, agreement.
- Involving: Conscious, ethical inhibition of some natural tendencies (e.g., discrimination, anger, fighting), and enhancement of others (e.g., empathy, nurturing, cooperation).
- Affecting: Personal ethics, relationship ethics, environmental ethics, lifestyle, child rearing, societal organization, culture.
- Not guaranteed: Will occur only if understood, valued, and worked for by an increasing proportion of our species.
- Severely needed: In face of increasing threats to our species caused by our extreme capabilities and non-optimal natural tendencies.
- Personally rewarding: Satisfaction from living by a much more consistent, well-thought-out, and effective ethics benefiting self and others.
- Generally beneficial: Making the world a much better place, for everyone, now and in the future.

### FINAL ADVOCACY

(Please join the effort!)

Humanianity is the emergence of an improvement in our species' ethics, which if it does successfully occur to a much greater extent will lead to a far better way of life on this planet than we have ever known so far. This document, or [book](#), is just one more effort to promote that continuing emergence, perhaps making its ultimate success a little more likely and its rate of emergence a little more rapid.

So participation can be for two purposes, (1) to benefit oneself and those close to oneself and (2) to provide a sense of satisfaction and enthusiasm in knowing that one is participating currently in something very, very important for the future of our species.



With regard to this second purpose, if you wish to have any part in our effort to promote not only the survival of our species but also more joy, contentment, and appreciation and far, far less human-caused pain, suffering, disability, and early death, for everyone, now and in the future, then the first question is whether such is possible. It may or may not be possible, and if possible, the odds may be great or small. If it is possible, but you believe the odds are low, you will have to decide whether, even if it fails, you wish to be one of those who tried, and, if it does come about, you wish to be one of those who helped to bring it about.

We do know that for it to succeed, more and more people will have to make the decision to join the effort, and for them to do so, they will tend to have to see that others are deciding to do so, this being the process sometimes referred to as a "movement." So your participation, in any way, helps promote that movement.

You must try to decide wisely how to spend the minutes of your life. You know that many efforts of this sort have been flawed and unsuccessful, so you should continuously evaluate critically any and all ideas that you come across. But in addition, if something doesn't seem right, it would be best to make an effort to subject such concern to the critiquing of others, recognizing that it is easy for us to be mistaken, and that the best way to correct misunderstanding is to subject one's ideas to evaluation by others who believe differently, with the specific effort to understand why such difference in opinion exists, so as to identify anything that one may have overlooked or been prone to avoid recognizing.

And if the Humanity project is ultimately successful, and if by virtue of your participation this third exponential change for our species occurs just a few minutes earlier than it would have, then your participation will most likely have saved quite a few lives and prevented quite a bit of tragedy over the course of the future of our species. Whether or not that does occur, working on your own basic ethical philosophy should be of significant value to you and those relatively close to you.

So, let us work together toward finally becoming empathetically identified, not only with our group(s), but with our species globally, with a strong and effective ethical concern for the benefit of everyone, now and yet to come, while working on being the best we can be to ourselves and each other, right now.

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So, will you join the effort? (Involves studying, learning, practicing, improving, modeling, advocating--individually and with others.)

## CHRISTIAN HUMANIANITY

(Bill Van Fleet's)

[**Edit** (12/14/2014): I have come to realize that there are parts of this presentation that are somewhat misleading, especially if someone is reading just this without the context of understanding all I have written about Humanianity earlier in this book and elsewhere. In my effort to clarify, I am not changing anything originally written, but am including editing remarks to accomplish the clarifications.]

I am a **Christian**. But what that means here is that I am very **religious**, and that I come into religion from the **Christian tradition**.

[**Edit** (12/14/2014): Most people still think "religious" means something like "theistic." I believe it is more accurate to regard our religions as primarily our adult efforts to study how best to live our lives, i.e., how to be good people, and therefore as our efforts to work on our basic ethical philosophies. That is the meaning I am using here.]

I consider myself to be **Humanian**, in that I accept the **REUEP** as my **ultimate ethical principle**. Let me restate it:

**WE SHOULD DO THAT WHICH WILL PROMOTE NOT ONLY THE SURVIVAL OF OUR SPECIES, BUT ALSO THE GOOD LIFE FOR EVERYONE, NOW AND IN THE FUTURE, "THE GOOD LIFE" MEANING AS MUCH JOY, CONTENTMENT, AND APPRECIATION (JCA) AS POSSIBLE AND AS LITTLE PAIN, SUFFERING, DISABILITY, AND EARLY DEATH (PSDED) AS POSSIBLE.**

The fact that I do not believe that there is a sentient superpower that is watching me and possibly altering events for me, or that I am due for an afterlife, pleasant or unpleasant, does not make me less religious and/or less prone to see the goodness in Christianity or any of the religions. And being of Christian tradition, I look to Christianity for the language, metaphors, and principles that will help me to understand and to work toward achieving the goals of my religion. And since I believe any of our religions can improve, my effort is to use the very best of Christianity and to leave behind those aspects that, to me, are outdated and inconsistent with the REUEP.

[**Edit** (12/14/2014): The second sentence above should state, instead, "And being of Christian tradition, I look **at** Christianity for the language, metaphors, and principles that will help me to **clarify what I believe to be potential underlying Humanian conceptualizations within Christianity.**" ]

So what do I consider the central focus of Humanian Christianity? It would be the focus on **what Jesus was advocating**.

Of course, some have doubted that he even existed, and there has been controversy about who he was and what he said and did. Well, I don't choose to base my life on the necessity for things to have been a certain way, when there is lack of certainty about those things. If I did, I would either have to wait for something to be proven, or I would have to have a thoroughly closed mind lest something come along to disconfirm that upon which I have based and am basing my whole life. So I try to base my religious ideas on what we have evidence for, always with the openness

of mind that seeks to examine, revise, and extend my thinking in ways that appear to be consistent with the rules of logic and the rules of evidence.

The evidence seems to be that there was a **historical Jesus**, there being varying degrees of agreement about various details of his existence. It seems fairly certain that he tried to **improve** things, ran into trouble because he didn't go along with the powers that were, and was tortured and killed according to the custom of the time. And sometime after the historical Jesus died on the cross, the **mythical Jesus** arose, and has been with us Christians ever since. The mythical Jesus is the Jesus we know, because it is what our concept of him is. That is all we can ever have, but it is a wonderful organizing principle for our lives, I would maintain.

[**Edit** (1/31/2016): The above statement about the evidence for a historical Jesus, I realize, is actually quite uncertain and significantly doubted by some. However, I believe the reader will be able to see that what follows is not dependent upon there having been an historical Jesus.]

And who is the mythical Jesus? It is that person who indeed **knows all the right answers, the specific answers, as to what we should do**. Therefore, within Humanianity, all of those answers would have to be **consistent with the REUEP**. So the more we follow Jesus, that is, do what Jesus would have us do, the more we are behaving consistently with the REUEP, by definition. So our effort to study and understand the mythical Jesus is our effort to understand **how to implement the REUEP**.

And in studying, we Humanians look at what others have concluded and compare those ideas with our own, always with the effort to **improve** our own understanding as to how to implement the REUEP. In fact, we look at **all** religious, including **all** ethical literature (that from our own tradition and that from other traditions), always comparing and contrasting, and making the effort to see what is and is not consistent with the REUEP. This I believe is what the mythical Jesus would have us do, because this would most promote our ethical growth (improvement), and therefore our ability to live according to the REUEP.

Thus, my approach to any religious literature is that it is a **stimulus for further thought, discussion, and elaboration**, just as this book is. For a Humanian, there is no requirement to believe, as an act of obedience, anything written or spoken. All ideas, including any in this book, should be open for discussion and friendly debate, because that is what most promotes **increasing wisdom** (increasingly accurate existential beliefs, about the way the world is, was, or will be), and thus increasing ability to act consistently with the REUEP. My understanding of the mythical Jesus is that he advocated figuring things out rather than just believing as an act of obedience.

But success in implementing the REUEP requires more than just having accurate beliefs about what the right thing to do is. We also have to **want** to do those things. We have to **love** doing those things. We have to **love the mythical Jesus**, and to strive to be as much like him as possible. We have to take the mythical Jesus into our hearts, to use metaphoric Christian language. And in doing so we are filled, to varying degrees, with the "**Holy Spirit**," the motivation to do right, the feeling of joy that one gets when one does what one believes to be the right thing to do.

"**Holy**" means to me "good" and "right" and "best" and "ultimate." "**Spirit**" in this context means to me "enthusiasm" and "energy" and "will" and "eagerness," as would be observed in "a spirited

discussion." So the **Holy Spirit** is, for a Humanian Christian, the wish, the desire, the eagerness, to do that which is consistent with the REUEP.

We are imperfect. There is room for improvement. Being filled with the Holy Spirit, having the motivation to do the right thing, promotes our doing the right thing. The Holy Spirit increases the odds that we will improve and be even more able to do that which is consistent with the REUEP. We can be filled with the Holy Spirit to varying degrees. And the more filled we are with the Holy Spirit, the more we want to be filled with the Holy Spirit.

So **understanding the mythical Jesus, and being filled with the Holy Spirit**, means **having accurate ideas about what the right things to do are and wanting strongly to do them**. The combination of these two things is what I mean by "loving (the mythical) Jesus." When we metaphorically let Jesus into our hearts, we are filling ourselves with more of the Holy Spirit--the wish, the determination, to figure out what the right thing is to do, and to make ourselves do it, even though for other reasons we might want to do other things.

So my awareness of how Jesus tried to make the world a better place for everyone, then and in the future, and even gave his life for everyone, then and in the future, makes me aware of how he gave his life for me. He is not the only one who has done so. Many have done so. So the mythical Jesus that personifies the ultimate effort at trying to make the world a better place for everyone is an entity that has existed in many all over this world, and throughout time, and even exists to some extent in everyone--but just not enough. The mythical Jesus is our way of becoming aware of, more intensely, the possibility of improvement, of working toward increasingly fulfilling the REUEP.

So Jesus tried to improve the religion of his time. And he was **heretical**. And he was killed for it. Heresy, I understand, is **the refusal to believe as an act of obedience**. If you will be one of us, you will believe as we do. Otherwise, you are to be at best tolerated, or perhaps ignored, or avoided, or punished, or killed. I cannot conclude other than that the institution of heresy is antithetical to the REUEP.

The concept of heresy is indeed consistent with the ultimate ethical principle which we much, much more tend to go by, that says that **we should do whatever X wants us to do, X being whoever or whatever is most powerful**. It is that we should obey the most powerful. (I call this the "**authoritarian-ethical ultimate ethical principle**.") And if the most powerful says to believe that the most powerful is right, and that contenders are evil, then that's what we should do. And all over the globe we try to do that, and we seek out heresy and behave appropriately. That's what we did to Jesus, and that's what we do to each other. And sometimes we call it revenge. And sometimes we call it punishment. And sometimes we call it "justice," the fair distribution of punishment and revenge. (Of course justice also refers to the fair distribution of resources, making the concept, for me, one that contains good and bad elements.) And sometimes we just avoid, look down upon, berate, ridicule, discriminate against, and refuse to care about those who believe differently. And sometimes we torture and kill them.

Well, my mythical Jesus tells me that **I should behave well toward everyone**, even those who do not behave well toward me. He tells me that **I should try to see the good in everyone**, even if there is a lot of bad there also, and to make that effort the predominant factor in my relating to everyone. He tells me that **I should attempt to be understanding, not judgmental**. He tells me **I should try to understand anger (which tends to motivate behavior that causes PSDED) in**

**such a way as to avoid having it and to avoid causing it**, as much as is consistent with the REUEP. And he tells me that **I should try to understand and treat well and fairly individuals from other social strata, economic situations, religious or philosophical orientations, sexual orientations, races, or cultures.**

Of course to allow myself to be taken advantage of or mistreated, or to recommend that people who are prone to do things that cause PSDED go unsupervised, would be against the REUEP. But for me to protect myself or for us to protect ourselves does not imply retaliation (punishment or revenge). We can "love" (treat well) our enemies without thereby becoming their victims. And by loving our enemies, we can set the model for others to do so, and thereby spread the Holy Spirit, as Jesus apparently tried to do.

So, what about **social institutions**? Just as there is a tendency to see individuals as either good or bad, we also tend to see social institutions as either good or bad. But what makes more sense to me is that institutions are what our species has come up with to help us to survive and have the good life, and that because we are far from our goal of perfection, it is not surprising to find that there is both good and bad in most any of our social institutions. There is good in dictatorship. But there is more good in democracy. There is bad in dictatorship. But there is less bad in democracy. So dictatorship can be improved, but so can democracy. And so can our institution of marriage. And so can Christianity. We need the Holy Spirit in our approach to all institutions, including our religious ones. And we need to work together to improve all of our institutions, including our religions, insofar as possible, in the name of our mythical Jesus, or in the name of any other entity standing for or symbolizing improvement according to the REUEP.

You may ask me, "**Do you believe in God?**" Or you may ask me, "**Do you believe God exists?**" (These are perhaps two slightly different questions.) Well, before those questions can be answered, the terms need to be **defined**.

At the very beginning of this document, I already partially answered the questions, and for some I answered them completely, because their meaning of "God" indeed is "a sentient superpower that is watching me and possibly altering events for me." I have already said that I do not believe that. But we know that there are various other definitions of "God." So is there **a definition consistent with my Christianity?**

All definitions of "God" almost always involve the concept of "**ultimate**."

An example would be the idea that God is the **ultimate cause** of everything. There are problems inherent in this idea, that are well known. Our concept of "cause" is complex, and much has been written about it. I am trying to keep everything simple, so I will say that when people say that God is the cause of everything, they are trying to "explain" something. But when we explain something, the usual process is to say that X (whatever it is that we are trying to explain, for instance, something that has happened) is an example of Y (a more general statement about the way the world operates). The explanation of this object falling is that it is an example of the way all matter tends to attract other matter to it, etc. Let's leave aside whether the example of explanation that I have used involves an accurate understanding of gravity, etc. The point is that all of our explanations involve the use of a model (such as Y), from which, if the model is accurate, X can be deduced and therefore predicted. So my explanation of X having happened is that it could have been predicted to happen using model Y. Of course, if you don't agree that model Y is accurate, then you will consider me not to have explained X adequately.

Now our species has learned to use the rules of logic and the rules of evidence to such an extent that we have been able to construct absolutely amazingly accurate models of the way the world really is, i.e., our science and technology. But that is **all that science does**, namely, **construct models**. **If the model is accurate, then predictions using it will be accurate**, and what we anticipate happening when we do something will turn out indeed to be what happens. But notice that one can then ask what the explanation of **that** model is. In other words, "Yes, things do happen as described according to that model, but why?" So to answer **that** question, one needs an even more general or "higher level" model.

So "God" cannot be the **explanation of everything**, because it can't explain "God." **We can never get to an ultimate explanation of everything**, because we would then have to explain why that was the explanation for everything and it would therefore not be ultimate. This is understood by everyone as the question, "If God created everything, who created God?"

Leaving "God" out for a moment, we can say that science is not going to be able to answer the ultimate question, "Why is there something rather than nothing at all?" And if we try to put "God" back in by saying that God created everything, then we are right back to asking, "Why?" and "How?"

So I can't **explain** why there is something rather than nothing at all, nor, if we ever create a model that is completely consistent with everything that we observe happening, can I **explain** why that model is the one that is consistent with the way everything is, rather than some other model that I could perhaps think up. All I can do is **appreciate** that there is something rather than nothing at all and that it is the way it is rather than different (different such that I would not be able to have had this life that I am living). And what is **intense appreciation**? We have other words that mean to most people approximately the same thing. If I intensely appreciate something, I could label that as "**worshipping**" it. So I worship **the fact** that there is something rather than nothing, and that it is the way it is. If I were to say that I worship **the reason** that there is something rather than nothing at all and that it is the way that it is, I would have to mean something different by "the reason" than "the explanation." I could refer to "the reason" as "**the great mystery**," and thereby come close to meaning the same thing. I could call everything a "**creation**," but **this would not be in the explanatory sense**. If I were to use the term "**all creation**" to refer to all that is, **I could not be implying a "creator" as an explanation for the "creation."**

So, if our meaning of "God" includes the requirement that the concept is supposed to explain something, then the closest we can come to that meaning would be "the great unsolvable mystery as to why there is something rather than nothing at all, and that it is the way it is rather than some other way." And I can worship that mystery, that is, intensely appreciate it. But that's about all I can do with it. And for me, that's enough.

But perhaps we can make our word "God" mean something else in addition, or as an alternative.

Rather than regarding the word as a label for a particular kind or instance of **explanation**, since people say that they worship God, we could focus on the concept of "**worship**." I have already written above a kind of meaning of the word "worship," saying that it can be considered **intense appreciation**. By **appreciation**, I mean a **very good feeling (joy) that I get when I think about something having happened the way it did or something being the way it is**.

Now if I were to believe that whatever happened, or whatever the situation is, was something that was **brought about by someone who did it for me**, then **my appreciation could be called "gratitude."** So I can appreciate a sunset. If I were to believe that it had been designed just for me, or even for a group of people including me, then I would be grateful.

On the other hand, just as I can imagine most anything (possible, probable, improbable, or impossible), I can imagine myself appreciating the sunset, or all that I have, or anything that contributes to the goodness of my life, or other's lives, and while so appreciating, **imagine** it having been designed for me, and others, as a gift, given by an entity that goes beyond explanation. In this way, I could be said to be **grateful to God** for what I was appreciating. But I would really know that this was not a gift, designed for me by an actual knowable entity. This act of imagination would be carried out to enhance the intensity of the experience of appreciation. I would only be **imagining** that this portion of existence had been designed for me (and perhaps others), not **believing** it. (I could call it "pseudobelief.")

Well, I actually (pseudo-)believe that the portion of all existence that was presumably designed for me is infinitesimal. So I can **appreciate** all existence, while not especially being **grateful** for it. But **there is indeed something I can be grateful for**, having to do with the fact that I am living and can appreciate things. There is something that has indeed been designed for me and for others, namely, all those things that were done or created by those who have gone before me or us and have put forth effort in my or our behalf, that is, **have tried to make the world a better place for people, perhaps including me.**

Is that beginning to sound familiar? If someone tries to do that which will promote not only the survival of our species but also the good life, for everyone, now and in the future, is that someone to whom I should be grateful? So should I not indeed be grateful for whenever anyone has acted in a way consistent with the REUEP. And since people are more likely to act in a way consistent with the REUEP if they **know about it**, and **try to behave consistently with it**, then should I not be grateful to them for doing so? My metaphoric way of referring to **trying to know** about and understand what ways of behavior are consistent with the REUEP has been to refer to it as coming to know the **mythical Jesus**. And my metaphoric way of referring to **wanting to behave** in a manner consistent with the REUEP is to refer to it as having the **Holy Spirit**. So I am grateful to those who want to know (the mythical) Jesus and who have the Holy Spirit, even if they do not think in those Christian terms and do not come from a Christian tradition.

As children, we look to our parents as the ultimate. They know everything, including what is right. And we appreciate them and are grateful to them. We worship them. (Of course we do so only part of the time.) But it is not long before we find out that our parents are not the ultimate. We see their imperfections. And we want to understand more and do better. And so from the beginning of our species, we have looked beyond our parents and ourselves, speculating as to the answers. And those answers as to what is ultimate have been our "gods."

And of course our gods have looked much like parents, or at least extremely powerful beings, and they have tended to have the characteristics of our parents, those characteristics being both good and bad. And as we have become more able to attempt to implement the REUEP, by virtue of our science and technology, and especially the understanding of ourselves, we have looked increasingly toward the ultimate good. Our gods have tended more to have good, positive traits,

rather than the kind of traits that foster child sacrifice, discrimination, slavery, murder, and ethnic cleansing. And this progression can be seen within the Christian tradition. And it is good.

So for me “God” has three components.

First, there is the intense appreciation that there is something rather than nothing, and that it is the way it is rather than different (so that I have this chance to live). This is the great mystery, the ultimate inability to understand that which I am most grateful for. It is an extension of what I felt toward my parents at the beginning of my life. It is how I felt toward my father and my mother.

Second, there is the intense appreciation of the possibility of learning how this world works (now best done through our science and technology), and therefore how to do those things that will promote not only our survival but also the good life for everyone, now and in the future (REUEP). It is the awareness that I can learn from my parents, and teachers, and others who have gone ahead of me and are passing along their contributions to wisdom just as I am trying to do. It is how I have felt as a child learning from my parents, and later from all the world.

Third, there is the intense wish to learn from others what is right (that which will promote the REUEP), the wish to implement that knowledge in my own life and to contribute that knowledge to others, and the joy in the awareness that I am indeed being successful. It is what makes me feel and be “spirited” in my wish to do “good.”

Needless to say, I have been giving a sort of tripartite picture of “God,” the set of “ultimates” in my life. This way of conceptualizing or speaking about “God” is certainly not the only way, and it is not necessary in order for me to want to do good and to do it successfully. And it comes from my own religious tradition, which is not the only religious tradition. But it is my way of understanding how Christians can indeed be Humanians, and how Christianity is on the road to Humanianity, as are the other religious traditions also.

There are other aspects of the Christian tradition that are consistent with the REUEP.

From what I said at the beginning, it may be evident that I do not “believe in the **power of prayer**,” in the sense usually meant. And those that do sometimes experience discomfort with the idea that there is a sentient superpower that makes or allows bad things to happen to good people, but might not do so if enough of us prayed enough. But I believe in the power of prayer in another sense, namely, for **the effect that it has on the one praying**, because the act of doing so is that of **practicing caring**, of wanting the best for everyone if indeed that is what the individual is praying for. Many do indeed have the belief that they are intervening on the behalf of others and are thereby making the world a better place, by virtue of the actual effectiveness of prayer. But even for those that don’t have such beliefs, the spending of that effort in wishing others well, or in wishing for good things in general, should be good exercise of those mental processes that will contribute to strengthening the Holy Spirit in the individual, the wish to behave consistently with the REUEP. And when we pray in groups, we enhance our solidarity as a group with the group code being the REUEP, just the opposite of our getting together as groups in order to attack, lynch, wild, desecrate, ruin, and kill.

The mythical Jesus has spoken of the **kingdom of God**. Some say he pointed out that the kingdom is potentially right here on Earth. We just have to make it happen. That time, to me,



would be when we globally all had maximal knowledge of what the mythical Jesus stands for and were maximally filled with the Holy Spirit, whether understood with those metaphors or not.

I do indeed see us on this planet trying to learn how to behave more consistently with the REUEP, and making a little bit of progress. However, we need to do much, much more before we are anywhere near our potential. That achieving such a change in ourselves is possible is borne out by noticing that whereas some individuals do much that is the opposite of what would be consistent with the REUEP, others spend their lives in ways quite consistent with it. If we can just come to understand what makes such a difference, and then work toward changing our ways of interacting with one another and our ways of creating adults out of our children into ways that work the very best, we surely can come much closer to that ideal of complete consistency with the REUEP. And it will be our rules of logic and rules of evidence, that is, science, helping us to understand ourselves accurately, that will enable us at long last to make such progress.

So if we use the term “**Heaven**” as our current concept or fantasy of what it would be like to live, all over this globe, in ways 100% consistent with the REUEP, then we could all strive and pray for the time when it will be on Earth as it is in Heaven.

We are all born with our basic animal nature. But through our child rearing, education, interaction with others, study, friendly debate, and promotion of ethical thought through our religious institutions and individual activities, we modify this basic animal nature to some extent, meaning that we learn what works better than what comes naturally, and we make ourselves do what works better. And by “works better,” I, as a Humanian, mean “promotes the REUEP.”

Christians sometimes refer to “Satan.” From all that I have written so far, I think you might accept that concept as referring to the tendency we all have to fool ourselves and think that we are doing the right thing when in fact we are doing something that will promote PSDED. Thus, the concept should have the implication that we should always be on guard against our tendency to have a closed mind, even though, because Satan is clever, the concept has often been used to do just the opposite!

Let's go back to the "historical Jesus." I believe that he was filled with the Holy Spirit. How much, I do not know, and there is no way of knowing. I do believe that he tried to improve things and got tortured and killed for his efforts. I can have great sympathy for him, and much gratitude for his effort. And what happened to him was a tragedy. And I certainly do not want his tragic death to have been in vain. And so I am pleased to see that the mythical Jesus is still with us. The historical Jesus made a difference.

[**Edit** (1/31/2016): Please note again that I have subsequently learned that there is actually substantial doubt on the part of some scholars regarding Jesus having actually existed, but that that does not affect this message. Certainly, people who have tried to make things better and have been made to suffer, or have even been killed, have existed, and we can feel the same way about them as many of us have felt about what happened to the historical Jesus, if he did exist.]

But the way that I have defined the Holy Spirit is such that it existed before the historical Jesus, just as it still exists today. Throughout the history of our species, there have been those who have tried to make the world a better place for others within their spheres of influence, just as is true today. So the Holy Spirit has always existed throughout our history, and the historical Jesus most likely had much of the Holy Spirit. But we need to recognize that Jesus is not the only one

who has died or otherwise made major sacrifices for us, by trying to help us to be better (to behave consistently with the REUEP), so we should be grateful for all who have sacrificed themselves for the Holy Spirit. And we have said that probably everyone has had the Holy Spirit to some extent, so we need to be grateful for everyone's effort to make the world a better place for others.

For me, having a relationship with the mythical Jesus means connecting to others in an effort to make the world a better place. It is the good in myself reaching out to, making contact with, and receiving recognition and appreciation from the good in others. It means the Holy Spirit in myself making contact with the Holy Spirit in others. It means working with others to implement the REUEP.

If I were to spend energy on excluding my concern for others just to think about Jesus, I don't believe I would be acting according to the Holy Spirit, nor do I think the historical Jesus would have thought so. And obviously, torturing and killing in the name of Jesus would be inconsistent with the REUEP. But I believe discriminating against those that are motivated by the Holy Spirit, meaning are trying to make the world a better place, but are doing so with metaphors that are non-Christian, would be inconsistent with the REUEP, and surely the historical Jesus would have thought so also. So those of us who are Christian should study and learn about other traditions and join non-Christians in efforts to achieve consistency with the REUEP.

So I return to my explanation of my Christianity as being only my tradition. I have no belief that another tradition would necessarily be less valuable, less good, less consistent with the REUEP. I would have to see whether that tradition was indeed motivating people to do that which not only promoted the survival of our species, but also the good life for everyone, now and in the future. But I would imagine that all traditions are imperfect, and can be improved, including my Christianity. And I wish to do my part.

In behalf of that, I have written a “**textbook,**” **available free to everyone at the PHILOSOPHY section of [humanianity.com](http://humanianity.com),** that specifically clarifies how every individual can participate in the effort to improve life on this planet. It is not a political book. It does not advocate belief as an act of obedience. It does not contain pseudoscience. It requires no special expertise or technical background. Though it is a religious book, it uses no specific religious tradition for its concepts or terminology. It is written for everyone. It covers in the most basic way possible how we can achieve a far better existence on this planet, by understanding how to implement the REUEP. The title of the book is:

***Rational-Ethical Living and the Emergence of ‘Homo Rationalis’: FOR EVERYONE (The Most Important Book).***

And whether the book lives up to its title awaits the book being read and evaluated.

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